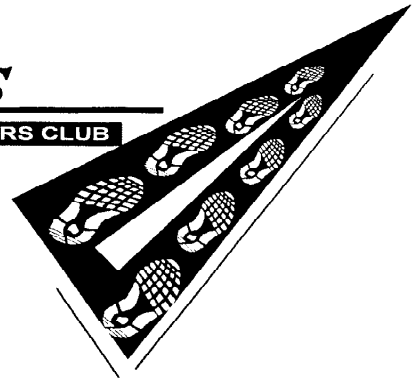


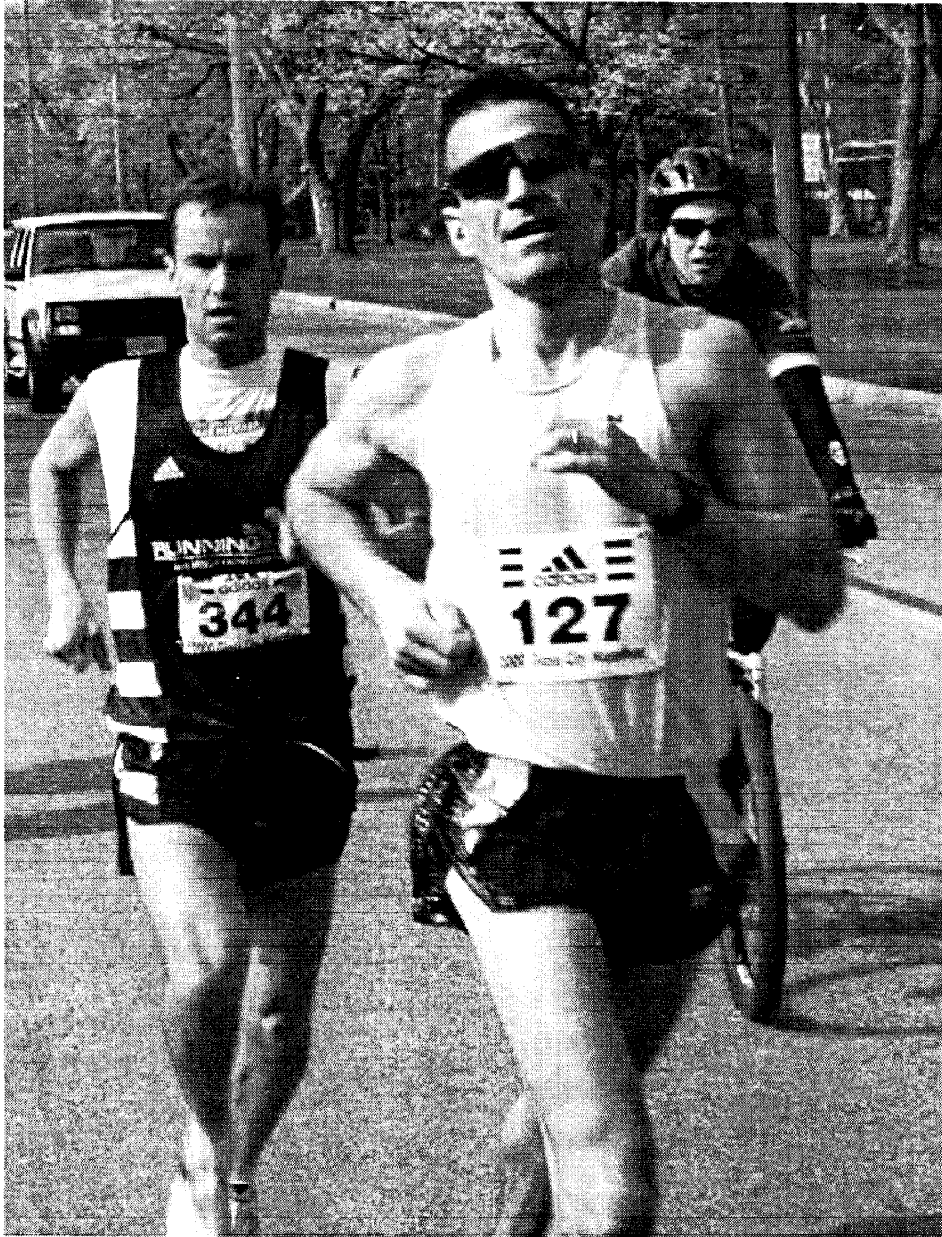
footprints

TOLEDO ROADRUNNERS CLUB

Volume 25 Issue 5



Glass City Marathon 2000



Overall Winner Patrick Benedict (127) of Sylvania is followed closely by Male Masters Winner and second overall Jeffrey Martin (344) of Huntington, Michigan.

(photo by Tom Falls)

JUNE 2000

TOLEDO ROAD RUNNERS CLUB



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Lanette's Lines

LanetteT@aol.com

The MARATHON issue of Footprints

The list of contributors to this issue is quite a bit longer than usual, and for that I thank everyone. This issue features more photos than ever before, and some new writers. Steve Darmofal, our TRRC web master (www.toledoroadrunners.org), turns out to be an excellent writer as well. Both he and Jayne Werbylo contributed accounts of their first Boston Marathons, with interestingly different viewpoints. Pete Buchler wraps up his coverage of Bob Masters's long trek to the Olympic Trials on a positive note, and even Penelope has some words to say on marathoning and long-distance running in general. Add in several pages of Glass City race results and photos, and this is truly a Marathon issue!

Looking Ahead to July

See page 11 for news of the all new Ohio/Michigan Runs. I think you'll like what race director Ken Falls has up his sleeve for this traditional and much-loved race.

July is also the time for our annual club picnic and prediction run (actually, it's run first, *then* eat). This is always a good time at the Lindemans' beautiful "estate" out in Oregon. Especially if you have children, you'll want to bring them and their bathing suits and check it out.

The Last Word . . .

Instruction for Life #4: Believe in love at first sight.
Be careful out there. Til next time. . .

Lanette Cornwell

MEMBERSHIP REPORT

Current membership totals are 112 family membership renewals representing 320 members, along with 351 single membership renewals. In addition, first time memberships total 5 family memberships representing another 17 members, along with 63 single members. This gives the club a current total of 751 members as of the May 10, 2000, newsletter deadline.
Becky Rudnicki, Membership Secretary

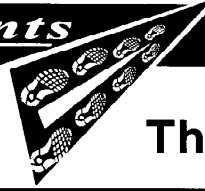
Welcome, First-Time Members!

- Sandra Bauer
- Tamara Bengela
- Kathy Burton
- Ryan Geithman
- Paul Gore
- J. D. Hess
- The Hojnacki Family (James, Marcia, Laura, Mark, and Grace)
- The Jahnke Family (Doug, Laura, and Kate)
- Diana Jensen
- Fred King
- Christic Kwapich
- Linda Morgillo
- Fred Rybarczyk
- John Unger
- Stephen Weidner
- Lynne Welch

How to Join! Or Moving?

Moving? You must notify Becky, because the postal service does not forward your newsletter. If you don't you will not continue receiving it.

Contact Becky at (419) 691-0912



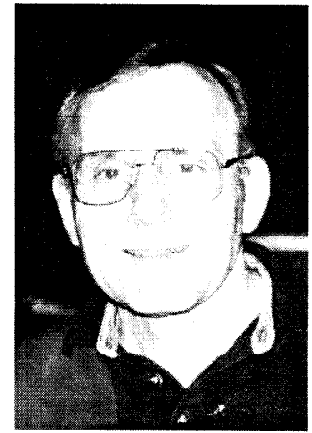
TRRC OFFICER ROSTER

| | |
|---|---------------------------|
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| <i>Vice-President</i> , Dave Jankowski | (419)381-6652 |
| | DaveJann@worldnet.att.net |
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| Jim McGuire | (419)885-1101 |
| <i>Race Course Coordinator</i> | |
| Don Standish | (419)872-9903 |
| <i>Race Management Coordinators</i> | |
| Terri Kaczor | (419)833-6365 |
| Dennis Scott | (419)478-6405 |
| <i>Volunteer Coordinator</i> , Bea French | (419)475-8452 |
| <i>Legal Advisor</i> , Walt Kosydar | (419)535-6060 |
| <i>Members At Large</i> | |
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| Tony Bayford | (734)848-4761 |
| Ken Peterson | (419)385-0419 |
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| <i>Newsletter Editor</i> | |
| Lanette Cornwell | (419)531-1270 |
| <i>Circulation Coordinators</i> | |
| John and Betty Newton | (419)691-0120 |

The President's Letter

By Bill Lindeman

There are going to be big changes in the Toledo Classic for this fall. Pete Buehler, Tom Falvey, Jeff Bertram, Dave Jankowski, and I have been meeting with Citifest people about the race. The race will feature a new, fast course that eliminates the high-level bridge but highlights the Farmer's Market, the warehouse district, and downtown. The race will be held on Labor Day weekend as part of Citifest's Riverfest. There may be a two-mile or 3K children's race held immediately after the 10K. I do need to mention that every one of us is pleased with the cooperation and level of commitment from Citifest. They are willing to promote the race and to listen to advice from TRRC's representatives.



By the time you read this letter, Jeff Bertram and I will have attended the RRCA National Convention in Peach Tree City, Georgia. I have attended four of the last five national conventions and I always come away with new enthusiasm. Jeff will be starting his duties as the new Ohio RRCA representative. I congratulate Jeff on his appointment and know that he will be a visible Ohio RRCA rep. We are fortunate to have Jeff in this position and wish him well.

We are entering the busy racing season. There are races in the area every week from now until the end of July with some weekends having two races. June 4th will kick off the June racing schedule with two races: Bob Beehner's Toe to Heal Race in Maumee and David's House Race (both 5K races) held in conjunction with the Old West End Festival. I have heard a few TRRC members say they would like to get involved with race management. I need four to six people to help me at the finish line for David's House on June 5. In addition, help is needed with race management in July. This is your opportunity to get involved. Please call and I will refer you to the appropriate person, since it varies depending on the race.

The Fremont Camelback Race, an old established race, will be run on June 10th, and the Holland Strawberry Festival 10K will follow on the 18th. The Bruce Jones Memorial Run (June 25th), Blissfield, and the Star Spangled Run (July 4th), Oregon, fill out the schedule until the next newsletter.

I would like to take this opportunity to thank all of you who volunteered to help at the Rhythm and Blues concert on May 26. I especially want to thank Tom Fridrick for spearheading the calling of volunteers. Since I have done this four times in the past, I know how difficult it is. Thank you, Tom. In addition, a special thanks is extended to Bea French for making the assignments and sending out the letters. TRRC appreciates the effort of all 157 volunteers.

ITEMS FOR FOOTPRINTS

The deadline is the 10th of the month prior to publication.

ARTICLES, RACE RESULTS, ADS

Lanette Cornwell (419) 531-1270
 5731 Candlestick Ct. E. • Toledo, OH 43615
 LanetteT@aol.com FAX (419) 531-0119

RACE & EVENT CALENDAR

Jan Winke (419) 829-3560

RACE ENTRY FORM INSERTS

John or Betty Newton (419) 691-0120
 569 S. Goodyear St. • Oregon, Oh. 43616
 \$50 for 8 1/2 x 11, \$75 for other sizes.
 Payment should accompany inserts.

OUT OF TOWN RACE RESULTS

Rob Nicely (419) 382-1618
 2560 Key, Apt. 1J • Toledo, Oh. 43614
 rob_n@btcnet.com



Tom's Tales, Thoughts, and Bits

by Tom Falvey

Have you started your training for the upcoming marathon? Naturally you presume I'm speaking about the July 23 OH/MI Marathon and 4-Mile Race at Pacesetter Park, our new location. No, I've taken for granted that you're ready for that big event. I am referring to the 2001 Glass City Marathon on April 22. It's never too early to start forming your relay teams.

Speaking of Glass City and relay teams, thanks to partner Jeff Bertram, our JEFFREY TOMMER team finished considerably under 4 hours. While Jeff and I aren't vegetarians, neither are we like Jeffrey Dahmer in any way.

Doug Mosiniak was somewhat confused before the GCM start when he asked me if Vincent Van Gogh were really dead. I assured Doug that Van Gogh indeed was quite deceased, as was his ear. He then asked who could possibly have arranged the words GLASS CITY MARATHON in the Summit St. walkway so artistically. I think the big grin on my face let Doug know that I was again instrumental in playing Mr. Artist.

My original marathon cohort from 1978 is making a comeback. Cary Cooper has been busy coaching many championship federation baseball teams over the past 20 years but he teamed up with Kay Heinrichs to capture 3rd place in the mixed masters category. Welcome back, Cary.

A good friend lives at about the 8.5-mile mark in a home squeezed between River Road and the Maumee. He parked his Rolls Royce just 15 feet from the course and we erected a few running signs. Look for something even more eye-catching April 22.

Larry Barney overheard a lady's complaint, after she emerged from a Rossford Port-O-John, that "That thing doesn't flush and there's no place to hang my purse." Well, she's right about the no flushing and I know I wouldn't want to hang my purse on that little trough.

To the best of my knowledge, we had runners from 17 states and Canada and

an increase of around 50 over last year. I am pleased and am already working on getting another increase of 50 in 2001 to put us over 600.

I wish to thank WSPD, WLQR, WCWA, Channels 11 and 13, and THE BLADE for pre or post GCM coverage. Every bit of publicity helps our marathon and club. Once again, a huge THANKS to all of the volunteers.

A recent NHL playoff game used five overtimes and lasted 7 hours. This was brought up repeatedly, and while I don't downplay the overtime efforts of the hockey players, most did not participate for all 7 hours and they all had locker room breaks between periods. I know lots of ultrarunners who run in excess of 7 hours with no breaks.

Mark Godale, our Olander 24-Hour stand-out, is at it again. He was 30th male at Boston with a 2:30 time.

Bob Masters was 24th at the Olympic Trials. The conditions were awful and only one man qualified for the U.S. team. I understand Bob was pleased with his time and place. Being the 24th fastest U.S. marathoner is quite an honor and I'm glad Bob did so well after all the months of sacrifice and hard training. Congrats to Bob Masters also for setting the GCM 2-person record, with Keith Madaras, of 2:17. Those two guys were already part of the 5-person team record, set in '98. What's next for Bob Masters and the GCM? Well, I hope he'll go after the overall record of 2:28, and then in 2009, pardon the pun, capture the masters record! I plan to be there cheering him on.

Among our GCM participants were Norm Frank, #1 in the world with 711, Don McNelly, 560, and Denny Fryman, 607. They'll be here for OH/MI on July 23.

If you won an award and missed the ceremony, you can claim it at Dave's Footgear on Monroe St.

Remember that there are many good races coming up in June. See you there.

Toledo Classic Change is in the Air

By Pete Buehler

Change is in the air concerning the 2000 Toledo Classic 10K. After four years of starting and finishing the race in International Park on the East Toledo banks of the Maumee River, the 2000 edition will be going back downtown.

Another major change has to do with the date of this annual race. The organizing committee, comprising TRRC members and Citifest representatives, have moved the race up to September 2 at 9:00 a.m. That's Saturday of Labor Day weekend. This was done to make the race an integral part of Citifest's Labor Day weekend festivities.

The other major change is the starting and finishing location for the Classic. The race will now start downtown in roughly the same area as the Glass City Marathon on Summit Street. The finish will also be in the same area as Glass City on Water St. near Promenade Park.

The race route will encompass a portion of the Classic's course used the last four years, excluding the High-Level Bridge, plus some of the past Blade 10K Run course. What this adds up to is a fast, flat course designed to be optimal for setting a 10K PR.

At the finish line, the park is already set up for the festival, so we'll be able to take advantage of vendors plus entertainment taking place that day.

The Toledo Classic has plateaued in numbers the last few years at about 700 runners. We feel that with these exciting changes, plus it being the only major race in Northwest Ohio and Southeast Michigan on that weekend, our numbers could drastically improve.

Plan on being a part of the new and improved 2000 Toledo Classic on Saturday September 2.





Club Sponsored Runs 2000

Thanks to the many TRRC members who helped sponsor club runs in 1999. Because of these people we are still able to present the club runs at a minimal cost or free. Although most runs have at least one sponsor, we encourage people to co-sponsor runs. If you are interested in sponsoring a run please call me at my new number, 419-862-5028, Pam Graver-Koenig.

- Jan 2000 Icicle/Chicken Soup Run
Terry and Carol Mohler
- Jan 2000 Doughnut Dash
Two Perrysburg Policemen
- Feb 2000 25K Club Championship
IET, Inc.
- Feb 2000 Blizzard Breakfast
Dave's Performance Footgear
- Mar 2000 Wearin' of the Green
The O'Reilly Family
- Mar 2000 Cookie Classic
Anonymous sponsor
- Apr 2000 Ed Dibble Towpath 19-Miler
The Dibble Family
- Apr 2000 5K Club Championship
Fremont Elite Runners Club
- Jun 2000 Yogurt Run
Bob McOmber
- Jul 2000 Club Picnic
Dave's Performance Footgear
- Oct 2000 Boy Scout Trail Run
Dave's Performance Footgear
LetterCraft
- Nov 2000 Couples Run
The South End So-and-So's
- Nov 2000 Turkey Trot
Anonymous I and II
- Dec 2000 Slip 'n' Slide
SPONSOR NEEDED

RUNNING IN PLACE(S)

| <u>Race</u> | <u>Date</u> | <u>Location</u> | <u>Name</u> | <u>Time</u> | <u>Place</u> |
|-------------------------|-------------|-----------------|-----------------------|-------------|-------------------------------|
| Reservoir 1/2 Mar. | 4-2 | Van Wert, OH | Lois Berkowitz | 2:21:14 | 1 st (50-59) |
| | | | Larry Brown | 3:18:00 | 20 th (40-49) |
| Stampede 20K | 4-8 | Ann Arbor, MI | Thomas Biblewski | 54:11 | |
| Spring Classic 1/2 Mar. | 4-15 | Cleveland, OH | Glenn Bowen | 1:25:42 | 15 th OA |
| Spring Classic 5K | 4-15 | Cleveland, OH | Nathan Bowen | 20:29 PR | 2 nd (14 & Under) |
| | | | Josh Bowen | 25:06 | 6 th (14 & Under) |
| Boston Marathon | 4-17 | Boston, MA | Marlin Mullins | 2:56:23 | 871 st OA |
| Country Music Mar. | 4-29 | Nashville, TN | Larry Brown | 6:59:58 | |
| Roads End 5 Mile Trail | 4-29 | Pinckney, MI | Ana Rodriguez-Leffler | 53:10 | 5 th (50-54) |
| | | | Jim Zink | 61:24 | 2 nd (75 & Over) |
| | | | Walt Kosydar | 69:55 | 1 st (70-74) |
| Running Fit Half-Mar. | 4-30 | Pinckney, MI | Ben Waggoner | 1:51:53 | |
| | | | Becky Rudnicki | 1:53:28 | 6 th (35-39) |
| | | | Tom Fridrick | 1:59:36 | 35 th (40-44) |
| | | | Steve Kaczor | 2:00:15 | 38 th (40-44) |
| | | | Gil Gilmore | 2:02:13 | 4 th (60-64) |
| | | | Dave Taylor | 2:02:25 | |
| | | | Tom Villagomez | 2:06:18 | |
| | | | Joan Mathews | 2:06:19 | |
| | | | Kay Heinrichs | 2:09:33 | 1 st (50-54) |
| | | | Jeff Bertram | 2:10:47 | 24 th (50-54) |
| Running Fit Marathon | 4-30 | Pinckney MI | Claude Krempa | 2:16:59 | 33 rd (45-49) |
| | | | Cyril Steinhauer | 2:39:32 | 9 th (55-59) |
| | | | Peter Mulopulos | 2:24:31 | |
| | | | Jill Patterson | 2:24:39 | |
| Running Fit Marathon | 4-30 | Pinckney MI | Merle Dech Jr. | 2:57:03 | 33 rd (Clydesdale) |
| | | | Bob Breckler | 4:26:48 | |
| W. Bloomfield 5K | 4-30 | W. Blmfield,MI | Andrea Leitner | 4:48:41 | |
| | | | John Nichols | 4:48:43 | |
| | | | Brian Murphy | 5:07:15 | |
| | | | Paula Steinker | 42:01 | 16 th (50-59) |
| US Olympic Mar. Trial | 5-7 | Pittsburgh, PA | Bob Masters | 2:24:10 | 24 th OA |
| Pittsburgh Mar. | 5-7 | Pittsburgh, PA | Kevin Swan | 3:48:57 | 68 th (25-29) |
| | | | James Troknya | 4:21:09 | 28 th (55-59) |
| | | | Alan Isbell | 4:21:09 | 162 nd (35-39) |
| | | | Merle Dech Jr. | 5:44:11 | 311 th (35-39) |



Glass City Marathon

Male Top 3

| | | | |
|---|---------|------------------|----|
| 1 | 2:38:14 | PATRICK BENEDICT | 33 |
| 2 | 2:43:16 | JOHN SPRINGER | 38 |
| 3 | 2:48:09 | RICK VENTURA | 45 |

SYLVANIA
SOUTH LYON MI
AVON OH

Female Top 3

| | | | |
|---|---------|-------------------|----|
| 1 | 2:57:44 | LAURA BELL | 27 |
| 2 | 3:25:59 | JENNIFER JOHNSTON | 36 |
| 3 | 3:35:19 | MARY LAMPERT | 29 |

OTISVILLE MI
KALAMAZOO
COVINGTON KY

Male Masters

| | | | |
|---|---------|----------------|----|
| 1 | 2:38:31 | JEFFREY MARTIN | 42 |
|---|---------|----------------|----|

HUNTINGTON MI

Female Masters

| | | | |
|---|---------|------------|----|
| 1 | 3:34:52 | SUE FALUDI | 41 |
|---|---------|------------|----|

RICHMOND ON

Male Wheelchair Winner

| | | | |
|---|---------|-----------------|----|
| 1 | 2:53:31 | ANDREW BARNHART | 44 |
|---|---------|-----------------|----|

READING MI

Clydesdales

Male Clydesdale 195 pounds

| | | | |
|---|---------|------------------|----|
| 1 | 3:44:45 | PERRY SPENCER | 44 |
| 2 | 3:46:58 | FREDERICK CORDTS | 45 |
| 3 | 3:48:09 | TERRENCE RUSH | 34 |

BROOKLYN MI
GARDEN CITY MI
PLYMOUTH MI

Male Clydesdale 211 pounds

| | | | |
|---|---------|------------------|----|
| 1 | 3:54:05 | TIMOTHY DORAN | 43 |
| 2 | 4:47:27 | DANIEL O'DONNELL | 41 |

TOLEDO
BEVERLY HILLS MI

Male Clydesdale 225 pounds

| | | | |
|---|---------|--------------|----|
| 1 | 4:04:35 | MARTIN NOWAK | 42 |
| 2 | 5:01:05 | JIM McGUIRE | 32 |

IDA MI
SYLVANIA



Gary McBride crosses the High-Level bridge with his granddaughter as they run their first marathon together.

photo by Marilyn Witko Rosinski

Female Age Group Winners

Female 20 to 24

| | | | |
|---|---------|--------------------|----|
| 1 | 3:39:39 | ERICA SMITH | 23 |
| 2 | 3:43:41 | MINDY BLONIAZ | 24 |
| 3 | 3:44:29 | KRISTI VAN WOERKOM | 23 |

OXFORD MI
MOGADORE OH
OXFORD OH

Female 25 to 29

| | | | |
|---|---------|---------------|----|
| 1 | 3:45:22 | DARCI KATHMAN | 27 |
| 2 | 3:47:20 | CHRISTA CONTI | 25 |
| 3 | 4:01:26 | KRISTA CARTER | 26 |

CINCINNATI
UTICA MI
TOLEDO

Female 30 to 34

| | | | |
|---|---------|---------------|----|
| 1 | 3:38:15 | PAULA RICKERD | 30 |
| 2 | 3:43:59 | AMY BOGARD | 30 |
| 3 | 3:44:45 | JULIE MCNULTY | 34 |

FT. WAYNE
CINCINNATI
FT WAYNE

Female 35 to 39

| | | | |
|---|---------|-----------------|----|
| 1 | 3:39:41 | CONNIE GARDNER | 36 |
| 2 | 3:50:12 | SUSAN HOLCOMBE | 37 |
| 3 | 3:55:04 | CHERYL HANNIGAN | 39 |

MEDINA
LANSING MI
PETERSBURG KY

Female 40 to 44

| | | | |
|---|---------|---------------------|----|
| 1 | 3:39:22 | JACQUELINE RUSSO | 40 |
| 2 | 3:48:32 | KATHLEEN MARTHALLER | 40 |
| 3 | 3:53:15 | BRENDA GUTMAN | 41 |

WASHINGTON MI
CLEVELAND
LOUISVILLE KY

Female 45 to 49

| | | | |
|---|---------|-----------------------|----|
| 1 | 3:43:21 | JILL CUMMINGS | 46 |
| 2 | 4:14:47 | CORLISS IRRER | 46 |
| 3 | 4:46:27 | KAREN STANDLEY KORYTO | 46 |

ALLENDALE MI
ANN ARBOR
GRAND RAPIDS MI

Female 50 to 54

| | | | |
|---|---------|------------------|----|
| 1 | 3:57:21 | DONNA OLSON | 50 |
| 2 | 4:04:45 | RENEE VETTORELLO | 53 |
| 3 | 4:16:14 | LIBBY JENNINGS | 50 |

BLOOMFIELD HILLS
ANN ARBOR
GRAND RAPIDS MI

Female 60 to 64

| | | | |
|---|---------|-----------------|----|
| 1 | 4:35:21 | LOUISE MIKLOVIC | 62 |
| 2 | 4:41:00 | JOAN GARY | 63 |
| 3 | 4:45:16 | CAROL WESTERMAN | 61 |

MAUMEE
FREMONT IN
LOUISVILLE KY

Male Age Group Winners

Male 4 to 19

| | | | |
|---|---------|-------------------|----|
| 1 | 3:23:02 | RUBEN MADRIZ | 18 |
| 2 | 4:10:38 | BENJAMIN WILDS | 18 |
| 3 | 5:17:20 | MATTHEW DEMBINSKI | 19 |

AURORA IL
PETERSBURG MI
FREDERICKTOWN OH

Male 20 to 24

| | | | |
|---|---------|-------------|----|
| 1 | 3:46:36 | ANDY JUDGE | 24 |
| 2 | 4:51:22 | JERAMY HALL | 22 |

MT PLEASANT MI
CLEVELAND

Male 25 to 29

| | | | |
|---|---------|-------------------|----|
| 1 | 2:58:34 | MICHAEL DENDINGER | 25 |
| 2 | 3:06:06 | THIEN NYGYEN | 29 |
| 3 | 3:08:57 | SCOTT HORNS | 29 |

PHOENIX AZ
YPSILANTI
SYLVANIA

Male 30 to 34

| | | | |
|---|---------|------------------|----|
| 1 | 3:15:47 | TODD DISHONG | 31 |
| 2 | 3:16:12 | MITCHELL RADELLA | 34 |
| 3 | 3:23:42 | ANDREW SCHMID | 34 |

WILLIAMSBURG PA
CRANBERRY PA
NOVI MI

Male 35 to 39

| | | | |
|---|---------|------------------|----|
| 1 | 2:51:27 | MICHEAL POWELL | 36 |
| 2 | 2:58:40 | STEVEN ALEXANDER | 36 |
| 3 | 3:03:38 | DANIEL DUDEK | 38 |
| 4 | 3:21:35 | DAVID CORFMAN | 37 |

SPRINGFIELD VA
MADISON HEIGHTS MI
TALLMADGE OH
CINCINNATI

Male 40 to 44

| | | | |
|---|---------|-----------------|----|
| 1 | 2:55:00 | MIKE BENEDICT | 40 |
| 2 | 3:17:48 | BOB VISSER | 42 |
| 3 | 3:17:49 | RICHARD PUNCHES | 43 |
| 4 | 3:22:11 | GREG ORR | 41 |
| 5 | 3:36:30 | MARK BECK | 44 |

FLINT MI
GRANDVILLE MI
ROCKFORD MI
TOLEDO
MILLBURY

Male 45 to 49

| | | | |
|---|---------|-----------------|----|
| 1 | 2:59:15 | BRAIN FREEMAN | 48 |
| 2 | 3:05:17 | RICHARD BURCHAM | 46 |
| 3 | 3:13:07 | DANIEL HORVATH | 46 |
| 4 | 3:21:20 | ART MCINTYRE | 49 |
| 5 | 3:25:55 | CLIFF SIMMS | 47 |

MENTOR OH
MONTPELIER OH
FARMINGTON HILLS MI
AKRON
BARRINGTON IL

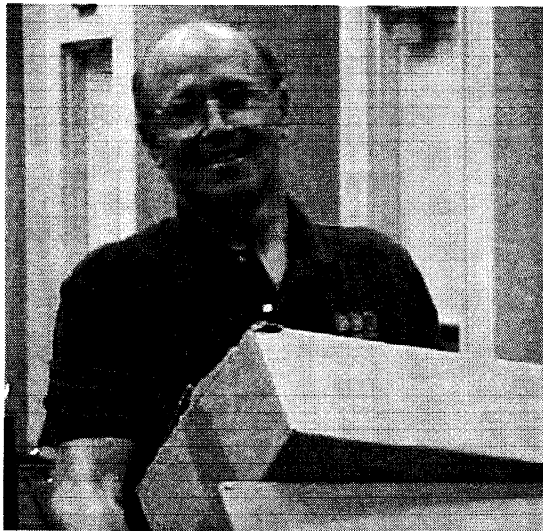
April 16, 2000

Team Results

| | | | |
|----------------------|---------|----------------------|----|
| Male 50 to 54 | | | |
| 1 | 2:54:11 | PATRICK HAVENS | 53 |
| 2 | 3:01:08 | JIM CARTER | 51 |
| 3 | 3:12:01 | WAYNE CHRISTOPHERSON | 51 |
| 4 | 3:24:21 | TOM HENSON | 50 |
| Male 55 to 59 | | | |
| 1 | 3:28:28 | DENNIS SCOTT | 56 |
| 2 | 3:47:40 | DONALD DHEEL | 56 |
| 3 | 3:52:26 | BILL SIECK | 55 |
| Male 60 to 64 | | | |
| 1 | 3:40:26 | GIL GILMORE | 61 |
| 2 | 4:08:53 | BERNARD MARVIN | 64 |
| 3 | 4:19:43 | ARTHUR MOORE | 62 |
| Male 65 to 69 | | | |
| 1 | 3:43:27 | DICK GREEN | 65 |
| 2 | 3:51:37 | PHIL CARROLL | 66 |
| 3 | 3:54:23 | CHARLES KIELKOPF | 65 |
| Male 70 to 74 | | | |
| 1 | 5:55:48 | WALTER KOSYDAR | 70 |
| 2 | 6:13:18 | TERRY MOHLER | 70 |
| Male 75 to 99 | | | |
| 1 | 5:42:13 | DON MCNELLY | 79 |
| 2 | 5:47:29 | JOHN WERNERT | 78 |
| 3 | 6:48:00 | JIM ZINK | 75 |

| |
|-----------------|
| TOLEDO |
| OKEMOS MI |
| ALPENA MI |
| GRAND RAPIDS MI |
| TOLEDO |
| DEERFIELD MI |
| OAK PARK IL |
| PERRYSBURG |
| METAMORA |
| STRONGSVILLE OH |
| EAST CHATHAM NY |
| ANN ARBOR |
| COLUMBUS |
| TOLEDO |
| TOLEDO |
| ROCHESTER NY |
| TOLEDO |
| TOLEDO |

| | | |
|-------------------------------------|---------|---------------------------------|
| 5 Member Open Male | | |
| 1 | 2:58:37 | THE ORIGINAL GINO'S RACING TEAM |
| 2 | 3:12:43 | PEMBERVILLE FIRE DEPARTMENT |
| 3 | 3:20:07 | ZIP PLUS FOUR (USPS) |
| 5 Member Open Mixed | | |
| 1 | 3:07:08 | OTTAWA PARKERS |
| 2 | 3:19:25 | THE CLASH |
| 3 | 3:19:38 | SANDWISCH AND SUCH |
| 5 Member Masters Male | | |
| 1 | 3:08:50 | RANCH HANDS |
| 2 | 3:22:04 | FAB FORD |
| 3 | 3:22:17 | unnamed |
| 5 Member Masters Female | | |
| 1 | 3:43:01 | SOLE SISTERS |
| 5 Member Family Mixed | | |
| 1 | 3:03:43 | FERRO FAMILY |
| 2 | 3:21:43 | unnamed |
| 5 Member High School Mixed | | |
| 1 | 2:58:49 | L-B STUDS |
| 2 | 3:12:27 | 3 GIRLS, 2 GUYS, AND 26 MILES |
| 5 Member College Mixed | | |
| 1 | 3:23:13 | MCO PT5 |
| 5 Member Business Male | | |
| 1 | 3:15:00 | FIVE GUYS WHO LIKE TO HAVE FUN |
| 2 | 3:25:51 | OMNISOURCE |
| 3 | 3:25:54 | NEW MATHER METALS |
| 5 Member Business Female | | |
| 1 | 4:09:01 | BRATHAUS BABES |
| 5 Member Business Mixed | | |
| 1 | 3:49:38 | UNNAMED |
| 2 | 3:56:18 | YMCA 1 |
| 3 | 4:05:17 | GREY PANTHERS |
| Half Marathon Open Male | | |
| 1 | 2:17:48 | MADARAS/MASTERS |
| 2 | 2:35:50 | TEAM FURY |
| 3 | 2:44:55 | LAND DECK LOPERS |
| Half Marathon Open Female | | |
| 1 | 3:26:56 | FRIENDS FROM FREMONT |
| 2 | 4:01:14 | UNNAMED |
| Half Marathon Open Mixed | | |
| 1 | 3:11:24 | DAD AND DAUGHTER T |
| 2 | 3:15:14 | LAKE HIGH ALUMNI |
| 3 | 3:26:28 | LOWERY/NOVOTNY |
| Half Marathon Masters Male | | |
| 1 | 3:13:15 | TEAM GATA |
| 2 | 3:30:40 | LARRY AND RON |
| 3 | 3:42:11 | SMOOTH STRIDERS |
| Half Marathon Masters Mixed | | |
| 1 | 3:01:15 | HASHERS TWO |
| 2 | 3:33:05 | CHICK 'N' PRICK |
| 3 | 3:58:47 | DYNAMIC DUO |
| Half Marathon Family Male | | |
| 1 | 4:12:18 | THE GALLS |
| Half Marathon Family Mixed | | |
| 1 | 3:25:05 | HAPPY TO BE HERE |
| 2 | 3:25:49 | UNNAMED |
| 3 | 3:30:32 | MARRIED TO THE MARATHON |
| Half Marathon Business Male | | |
| 1 | 3:10:15 | FUNK SOUL BROTHERS |
| 2 | 3:49:47 | WOODBIDGE CORP |
| Half Marathon Business Mixed | | |
| 1 | 3:08:00 | EXPRESS MALE AND FEMALE (USPS) |



"What an unusual way to train for a marathon," the photographer quips as Gil Gilmore totes boxes at the GCM Expo on Saturday. It must have worked, though, because Gil placed first in his age group the next day. Congratulations!

photo by Jason Kaczor



Glass City Marathon

| | | | | | |
|----|---------|----------------------|---|----|----------------------|
| 1 | 2:38:14 | PATRICK BENEDICT | M | 33 | SYLVANIA, OH |
| 2 | 2:38:31 | JEFFREY MARTIN | M | 42 | HUNTINGTON, MI |
| 3 | 2:43:16 | JOHN SPRINGER | M | 38 | SOUTH LYON, MI |
| 4 | 2:48:09 | RICK VENTURA | M | 45 | AVON, OH |
| 5 | 2:51:27 | MICHAEL POWELL | M | 36 | SPRINGFIELD, VA |
| 6 | 2:54:11 | PATRICK HAVENS | M | 53 | TOLEDO, OH |
| 7 | 2:55:00 | MIKE BENEDICT | M | 40 | FLINT, MI |
| 8 | 2:57:44 | LAURA BELL | F | 27 | OTISVILLE, MI |
| 9 | 2:58:34 | MICHAEL DENDINGER | M | 25 | PHOENIX, AZ |
| 10 | 2:58:40 | STEVEN ALEXANDER | M | 36 | MADISON HTS, MI |
| 11 | 2:59:15 | BRAIN FREEMAN | M | 46 | MENTOR, OH |
| 12 | 3:01:08 | JIM CARTER | M | 51 | OKEMOS, MI |
| 13 | 3:03:38 | DANIEL DUDEK | M | 38 | TALLMADGE, OH |
| 14 | 3:05:17 | RICHARD BURCHAM | M | 46 | MONTPELIER, OH |
| 15 | 3:06:06 | THIEN NYGYEN | M | 29 | YPSILANTI, MI |
| 16 | 3:08:57 | SCOTT HORNS | M | 29 | SYLVANIA, OH |
| 17 | 3:12:01 | WAYNE CHRISTOPHERSON | M | 51 | ALPENA, MI |
| 18 | 3:13:07 | DANIEL HORVATH | M | 46 | FRMINGTON HILLS, MI |
| 19 | 3:15:47 | TODD DISHONG | M | 31 | WILLIAMSBURG, PA |
| 20 | 3:16:12 | MITCHELL RADELLA | M | 34 | CRANBERRY, PA |
| 21 | 3:17:48 | BOB VISSER | M | 42 | GRANDVILLE, MI |
| 22 | 3:17:49 | RICHARD PUNCHES | M | 43 | ROCKFORD, MI |
| 23 | 3:21:20 | ART MCINTYRE | M | 49 | AKRON, OH |
| 24 | 3:21:35 | DAVID CORFMAN | M | 37 | CINCINNATI, OH |
| 25 | 3:22:11 | GREG ORR | M | 41 | TOLEDO, OH |
| 26 | 3:23:02 | RUBEN MADRIZ | M | 18 | AURORA, IL |
| 27 | 3:23:42 | ANDREW SCHMID | M | 34 | NOVI, MI |
| 28 | 3:24:18 | WAYNE SNYDER | M | 35 | MANSFIELD, OH |
| 29 | 3:24:21 | TOM HENSON | M | 50 | GRAND RAPIDS, MI |
| 30 | 3:24:46 | SEAN HART | M | 33 | BRADFORD, OH |
| 31 | 3:25:19 | DAVID PENNY | M | 37 | LALMAZOO, MI |
| 32 | 3:25:45 | KEN KILGORE | M | 36 | LAGRANGE, IN |
| 33 | 3:25:55 | CLIFF SIMMS | M | 47 | BARRINGTON, IL |
| 34 | 3:25:59 | JENNIFER JOHNSTON | F | 36 | KALAMAZOO, MI |
| 35 | 3:27:54 | JOHN MIHALY | M | 39 | TOLEDO, OH |
| 36 | 3:28:26 | RICHARD PETRONELLA | M | 46 | TUGSON, AZ |
| 37 | 3:28:28 | DENNIS SCOTT | M | 56 | TOLEDO, OH |
| 38 | 3:28:42 | JOHN BARNEY | M | 38 | WORTHINGTON, OH |
| 39 | 3:30:27 | GREG STJELAND | M | 49 | TROY, MI |
| 40 | 3:31:40 | MICHAEL LEWIS | M | 34 | LAGRANGE, IN |
| 41 | 3:32:05 | STEPHEN LONEY | M | 46 | ANN ARBOR, MI |
| 42 | 3:33:27 | BILL MIHALY | M | 37 | FINDLAY, OH |
| 43 | 3:34:52 | SUE FALUDI | F | 41 | RICHMOND, ON |
| 44 | 3:35:19 | MARY LAMPERT | F | 29 | COVINGTON, KY |
| 45 | 3:36:20 | GERRY CYRANOWSKI | M | 48 | GRAND RAPIDS, MI |
| 46 | 3:36:30 | MARK BECK | M | 44 | MILLBURY, OH |
| 47 | 3:37:15 | MARK STODDARD | M | 40 | BROWNSBURG, IN |
| 48 | 3:38:04 | DAVID EVANS | M | 28 | CARTERET, NJ |
| 49 | 3:38:15 | PAULA RICKERD | F | 30 | FT. WAYNE, IN |
| 50 | 3:38:25 | DAVE OSELAND | M | 45 | HOLLAND, MI |
| 51 | 3:38:27 | DENNIS WATSON | M | 46 | ANN ARBOR, MI |
| 52 | 3:38:58 | KEVIN WOLFF | M | 38 | NOVI, MI |
| 53 | 3:39:22 | JACQUELINE RUSSO | F | 40 | WASHINGTON, MI |
| 54 | 3:39:39 | ERICA SMIT | F | 23 | OXFORD, MI |
| 55 | 3:39:41 | CONNIE GARDNER | F | 36 | MEDINA, OH |
| 56 | 3:40:26 | GIL GILMORE | M | 61 | PERRYSBURG, OH |
| 57 | 3:40:38 | ED STUART | M | 53 | HOLLAND, OH |
| 58 | 3:41:35 | DOUG NIESE | M | 34 | FARMINGTON HILLS, MI |
| 59 | 3:41:35 | MARK PITMAN | M | 35 | BRYAN, OH |
| 60 | 3:41:53 | JAMES AUSTIN | M | 49 | NORTHVILLE, MI |
| 61 | 3:42:20 | GARY SQUIRE | M | 44 | WAAYNE, MI |
| 62 | 3:43:15 | GARY KLASEN | M | 47 | ROCHESRER, MI |
| 63 | 3:43:20 | THOMAS MUELLER | M | 43 | WESTERVILLE, OH |
| 64 | 3:43:21 | JILL CUMMINGS | F | 46 | ALLENDALE, MI |
| 65 | 3:43:24 | KEVIN SWAN | M | 26 | PERRYSBURG, OH |
| 66 | 3:43:27 | DICK GREEN | M | 65 | EAST CHATHAM, NY |
| 67 | 3:43:41 | MINDY BLONIAZ | F | 24 | MOGADORE, OH |
| 68 | 3:43:59 | AMY BOGARD | F | 30 | CINCINNATI, OH |
| 69 | 3:44:06 | DEREK KIEFFER | M | 29 | SYLVANIA, OH |
| 70 | 3:44:29 | KRISTI VAN WOERKOM | F | 23 | OXFORD, OH |
| 71 | 3:44:35 | ERIC WYGLE | M | 37 | COLUMBUS, OH |
| 72 | 3:44:45 | JULIE MCNUITY | F | 34 | FT WAYNE, IN |
| 73 | 3:44:45 | PERRY SPENCER | M | 44 | BROOKLYN, MI |
| 74 | 3:44:49 | BRUCE BABCOCK | M | 53 | WALKER, MI |



Friedel Urbaniak traveled to the 2000 Glass City Marathon to be part of a two-person team with his daughter, Sonia. As the Ann Arbor resident began her leg of the run, her father beamed with pride at her first effort at that distance.

photo by Marilyn Witko Rosinski

| | | | | | |
|-----|---------|----------------------|---|----|-------------------------|
| 75 | 3:45:22 | DARCI KATHMAN | F | 27 | CINCINNATI, OH |
| 76 | 3:45:33 | SUZANNE LOWERY | F | 20 | MT PLEASANT, MI |
| 77 | 3:46:12 | BRYAN HUFFMAN | M | 46 | SYLVANIA, OH |
| 78 | 3:46:27 | JOSEPH GRIFFIN | M | 51 | GRAND BLANC, MI |
| 79 | 3:46:36 | ANDY JUDGE | M | 24 | MT PLEASANT, MI |
| 80 | 3:46:53 | CHRISTOPHER POTOCNIK | M | 30 | BEDFORD, OH |
| 81 | 3:46:58 | FREDERICK CORDTS | M | 45 | GARDEN CITY, MI |
| 82 | 3:47:00 | RONALD ASCENZO | M | 49 | STERLING HEIGHTS, MI |
| 83 | 3:47:20 | CHRISTA CONTI | F | 25 | UTICA, MI |
| 84 | 3:47:24 | JEFF GABEL | M | 47 | FREMONT, OH |
| 85 | 3:47:40 | DONALD DHEEL | M | 56 | DEERFIELD, MI |
| 86 | 3:48:09 | TERRENCE RUSH | M | 34 | PLYMOUTH, MI |
| 87 | 3:48:32 | KATHLEEN MARTHALLER | F | 40 | CLEVELAND, OH |
| 88 | 3:49:13 | KAREN TROSIN | F | 33 | JACKSON, MI |
| 89 | 3:49:27 | NORM FRANK | M | 68 | ROCHESTER, NY |
| 90 | 3:49:35 | ROBERT KOSEN | M | 50 | SHELBY TWP, MI |
| 91 | 3:50:12 | SUSAN HOLCOMBE | F | 37 | LANSING, MI |
| 92 | 3:50:15 | JOSEPH GUERRERO | M | 27 | AURORA, CO |
| 93 | 3:50:15 | CLAY SMITH | M | 43 | FAIRVIEW PARK, OH |
| 94 | 3:50:31 | ROB COLLINS | M | 28 | SHERWOOD, MI |
| 95 | 3:51:13 | PAUL FREEMAN | M | 39 | WYANDOTTE, MI |
| 96 | 3:51:14 | MICHAEL WOODS | M | 49 | LANSING, MI |
| 97 | 3:51:37 | PHIL CARROLL | M | 66 | ANN ARBOR, MI |
| 98 | 3:52:20 | ROBERT ISHERWOOD | M | 42 | HARPER WOODS, MI |
| 99 | 3:52:26 | BILL SIECK | M | 55 | OAK PARK, IL |
| 100 | 3:52:27 | MICHAEL SHORTALL | M | 45 | BIRCH RUN, MI |
| 101 | 3:52:32 | DANIEL MARTINEZ | M | 47 | ALLEN PARK, MI |
| 102 | 3:52:41 | MARK CARROLL | M | 35 | DELAWARE, OH |
| 103 | 3:52:57 | SCOTT ROAN | M | 38 | MARION, IN |
| 104 | 3:53:06 | MARK MANGOGNA | M | 58 | ST LOUIS, MO |
| 105 | 3:53:15 | BRENDA GUTMAN | F | 41 | LOUISVILLE, KY |
| 106 | 3:53:35 | PAUL KOUJETER | M | 42 | GROSSE POINTE FARMS, MI |



April 16, 2000

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|-----|---------|-----------------------|---|----|----------------------|-----|---------|-----------------------|---|----|-------------------|
| 107 | 3:53:56 | MARTIN HORNING | M | 51 | ALLIANCE, OH | 181 | 4:24:06 | STEPHANIE BALYS | F | 27 | CLAWSON, MI |
| 108 | 3:54:03 | DANA HALL | F | 31 | EUCLID, OH | 182 | 4:24:21 | PAUL DIERKS | M | 46 | CINCINNATI, OH |
| 109 | 3:54:05 | TIMOTHY DORAN | M | 43 | TOLEDO, OH | 183 | 4:24:24 | JAMES TRITT | M | 43 | ROCKWOOD, MI |
| 110 | 3:54:20 | HELEN VEIT | F | 21 | WILMINGTON, NC | 184 | 4:25:09 | STEVE KEMP | M | 42 | KETTERING, OH |
| 111 | 3:54:23 | CHARLES KIELKOPF | M | 65 | COLUMBUS, OH | 185 | 4:25:08 | MARGOT BIERMAN | F | 54 | GROSSE POINTE, MI |
| 112 | 3:54:42 | DENNY FRYMAN | M | 52 | DAYTON, OH | 186 | 4:26:46 | RAMAKRISHNAN KRISHNAN | M | 53 | ANN ARBOR, MI |
| 113 | 3:55:03 | MARK BOCKELMAN | M | 32 | NAPOLEON, OH | 187 | 4:27:20 | LOIS BERKOWITZ | F | 51 | RIVERVIEW, MI |
| 114 | 3:55:04 | CHERYL HANNIGAN | F | 39 | PETERSBURG, MI | 188 | 4:28:22 | LARRY GRUBKA | M | 50 | VICKSBURG, MI |
| 115 | 3:55:32 | KRISTIINA BURKHART | F | 23 | TOLEDO, OH | 189 | 4:28:36 | RICK HENRY | M | 36 | CRYSTAL LAKE, IL |
| 116 | 3:55:34 | CHRIS AROLD | M | 32 | BEREA, OH | 190 | 4:28:57 | LARRY TEMIN | M | 52 | GRAND RAPIDS, MI |
| 117 | 3:55:36 | DEANNA KIESEL | F | 36 | FINDLAY, OH | 191 | 4:30:38 | TAMARA BENGELA | F | 28 | TOLEDO, OH |
| 118 | 3:56:14 | LOU MCLOVE | M | 49 | TOLEDO, OH | 192 | 4:31:18 | RAND BOWMAN | M | 48 | PORTAGE, MI |
| 119 | 3:56:15 | CHARLOTTE DABBS | F | 42 | TOLEDO, OH | 193 | 4:34:45 | SHERM TIMMINS | M | 62 | TEMPERANCE, MI |
| 120 | 3:56:50 | BRET ALBRIGHT | M | 46 | ALPINA, MI | 194 | 4:35:21 | LOUISE MIKLOVIC | F | 62 | MAUMEE, OH |
| 121 | 3:57:03 | PAK HO | M | 27 | WINDSOR, ON | 195 | 4:36:13 | DAVID BLACK | M | 36 | TOLEDO, OH |
| 122 | 3:57:18 | ANDREA LEITNER | F | 36 | NAPOLEON, OH | 196 | 4:36:35 | CAROL RACZKOWSKI | F | 42 | OREGON, OH |
| 123 | 3:57:19 | JOHN NICHOLS | M | 36 | WATERVILLE, OH | 197 | 4:36:47 | GLENN LEGACKI | M | 47 | FARMINGTON, MI |
| 124 | 3:57:21 | DONNA OLSON | F | 50 | BLOOMFIELD HILLS, MI | 198 | 4:37:03 | TRAVER SUTTON | M | 51 | HILLSDALE, MI |
| 125 | 3:57:56 | AARON ARAGON | M | 42 | CANFIELD, OH | 199 | 4:37:51 | GREG BOROS | M | 27 | TOLEDO, OH |
| 126 | 3:58:05 | MERRITT OBREITER | M | 29 | MONCLOVA, OH | 200 | 4:39:27 | THERESA DONNELLY | F | 34 | COLUMBUS, OH |
| 127 | 3:58:14 | RICK RAYMAN | M | 53 | TORONTO, ON | 201 | 4:41:00 | JOAN GARY | F | 63 | FREMONT, IN |
| 128 | 3:58:18 | DANIEL MOORE | M | 42 | CANTON, MI | 202 | 4:42:08 | SEAN ROGAN | M | 34 | WINDSOR, ON |
| 129 | 3:58:22 | MICHAEL CLEARY | M | 1 | BEXLEY, OH | 203 | 4:42:56 | JAMES MAURER | M | 45 | FINDLAY, OH |
| 130 | 3:58:24 | PAUL GILSDORF | M | 43 | MAUMEE, OH | 204 | 4:44:14 | TAMSEN BURKE | F | 36 | TOLEDO, OH |
| 131 | 3:58:36 | JOSEPH JR CHAMBERLAIN | M | 44 | CHESTERTON, IN | 205 | 4:44:55 | KRISTIN STAHLBUSH | F | 30 | TOLEDO, OH |
| 132 | 3:59:17 | TIM MUSI | M | 40 | MAYFIELD HTS, OH | 206 | 4:45:16 | CAROL WESTERMAN | F | 61 | LOUISVILLE, KY |
| 133 | 3:59:52 | THOMAS KALMBACH | M | 49 | ST LOUIS, MO | 207 | 4:45:22 | GARY McBRIDE | M | 60 | TOLEDO, OH |
| 134 | 3:59:59 | TIMOTHY KALMBACH | M | 46 | TOLEDO, OH | 208 | 4:46:27 | KAREN STANDLEY KORYTO | F | 46 | GRAND RAPIDS, MI |
| 135 | 4:00:00 | CATHERINE MARCO | F | 39 | TOLEDO, OH | 209 | 4:47:27 | DANIEL O'DONNELL | M | 41 | BEVERLY HILLS, MI |
| 136 | 4:00:21 | DOUGLAS DIBBLE | M | 39 | TOLEDO, OH | 210 | 4:48:31 | DON MICK | M | 59 | WARREN, MI |
| 137 | 4:00:42 | PETER MULOPIULOS | M | 38 | TOLEDO, OH | 211 | 4:49:13 | KELLE REPINSKI | F | 29 | TOLEDO, OH |
| 138 | 4:01:06 | JAZIY YAGHWAM | M | 33 | TOLEDO, OH | 212 | 4:49:14 | CAROL STILES | F | 48 | TOLEDO, OH |
| 139 | 4:01:15 | DAVID RECTENWALD | M | 39 | TOLEDO, OH | 213 | 4:49:15 | JESSICA KAPP | F | 49 | PERRYSBURG, OH |
| 140 | 4:01:16 | PHILIP STUART | M | 26 | BOWLING GREEN, OH | 214 | 4:51:22 | JERAMY HALL | M | 22 | CLEVELAND, OH |
| 141 | 4:01:24 | TIM KONTAK | M | 51 | PERRYSBURG, OH | 215 | 4:53:13 | ALAN MARLOW | M | 37 | BLACKLICK, OH |
| 142 | 4:01:26 | KRISTA CARTER | F | 26 | TOLEDO, OH | | | | | | |
| 143 | 4:01:58 | MIKE RENZ | M | 28 | TOLEDO, OH | | | | | | |
| 144 | 4:02:39 | JOHN KROMENACKER | M | 50 | TOLEDO, OH | | | | | | |
| 145 | 4:02:44 | KIMBERLY BARMAN | F | 24 | OXFORD, OH | | | | | | |
| 146 | 4:03:20 | JAMES WARREN | M | 43 | BATTLE CREEK, MI | | | | | | |
| 147 | 4:04:12 | MITCHELL GARWOLINSKI | M | 67 | TOLEDO, OH | | | | | | |
| 148 | 4:04:33 | BRUCE PURDY | M | 43 | MANCHESTER, MI | | | | | | |
| 149 | 4:04:35 | MARTIN NOWAK | M | 42 | IDA, MI | | | | | | |
| 150 | 4:04:45 | RENEE VETTORELLO | F | 53 | ANN ARBOR, MI | | | | | | |
| 151 | 4:05:10 | DAVID PERUN | M | 42 | ROCHESTER, MI | | | | | | |
| 152 | 4:05:42 | DAVID MUELLER | M | 46 | CINCINNATI, OH | | | | | | |
| 153 | 4:06:40 | JIM TROKNYA | M | 56 | PERRYSBURG, OH | | | | | | |
| 154 | 4:07:54 | ROY ALISOGLU | M | 40 | SAGINAW, MI | | | | | | |
| 155 | 4:08:53 | BERNARD MARVIN | M | 64 | METAMORA, OH | | | | | | |
| 156 | 4:09:32 | MATT LOCKWOOD | M | 28 | TOLEDO, OH | | | | | | |
| 157 | 4:09:48 | GARY BIRD | M | 41 | COLUMBIA CITY, IN | | | | | | |
| 158 | 4:10:38 | BENJAMIN WILDS | M | 18 | PETERSBURG, MI | | | | | | |
| 159 | 4:11:15 | CHRISTY BOSTDORFF | F | 22 | PEMBERVILLE, OH | | | | | | |
| 160 | 4:12:41 | MARK ORNSTEIN | M | 41 | ASTORIA, NY | | | | | | |
| 161 | 4:12:45 | MARTHA YING | F | 34 | BIRMINGHAM, MI | | | | | | |
| 162 | 4:12:59 | JOHN ARDNER | M | 48 | CHESTERTOWN, IN | | | | | | |
| 163 | 4:13:44 | PATRICK CALVIN | M | 35 | PERRYSBURG, OH | | | | | | |
| 164 | 4:14:04 | KAREN HOGAN | F | 29 | WINDSOR, ON | | | | | | |
| 165 | 4:14:08 | BERNIE RAMCKE | M | 36 | YPSILANTI, MI | | | | | | |
| 166 | 4:14:13 | CRAIG DOUGLAS | M | 48 | SAGINAW, MI | | | | | | |
| 167 | 4:14:47 | CORLISS IRRER | F | 46 | ANN ARBOR, MI | | | | | | |
| 168 | 4:16:14 | LIBBY JENNINGS | F | 50 | GRAND RAPIDS, MI | | | | | | |
| 169 | 4:16:29 | GEORGE GARDINER | M | 31 | FERNDALE, MI | | | | | | |
| 170 | 4:16:46 | CHRISTOPHER RAYMOND | M | 35 | CANTON, MI | | | | | | |
| 171 | 4:17:13 | CHRIS ROBINSON | M | 41 | PICKERING, ON | | | | | | |
| 172 | 4:19:43 | ARTHUR MOORE | M | 62 | STRONGSVILLE, OH | | | | | | |
| 173 | 4:20:16 | JIM DUDLEY | M | 51 | LIVONIA, MI | | | | | | |
| 174 | 4:21:03 | GERRY TOHILL | M | 48 | KINGSTON, ON | | | | | | |
| 175 | 4:21:04 | JEROME CHISHOLM | M | 50 | , ON | | | | | | |
| 176 | 4:21:34 | AMY NESLAW | F | 36 | ORLANDO, FL | | | | | | |
| 177 | 4:21:57 | JIM WAHL | M | 52 | NOVI, MI | | | | | | |
| 178 | 4:22:37 | KYLE BATT | M | 29 | DEFIANCE, OH | | | | | | |
| 179 | 4:23:04 | LAWRENCE DAWE | M | 48 | SHELBY TWP, MI | | | | | | |
| 180 | 4:23:24 | CLIFFORD MORLEY JR. | M | 42 | TOLEDO, OH | | | | | | |



Overall winner Pat Benedict celebrates as he crosses the finish line.

photo by Jason Kaczor



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|-----|---------|-------------------|---|----|---------------------|
| 216 | 4:53:20 | JAMES MERLO | M | 43 | LIVONIA, MI |
| 217 | 4:54:53 | KEN ISHERWOOD | M | 65 | HARPERWOODS, MI |
| 218 | 4:55:10 | MARK HUFFMAN | M | 46 | TOLEDO, OH |
| 219 | 4:55:44 | MARTIN JOYCE | M | 46 | PITTSBURGH, PA |
| 220 | 4:56:23 | PETER MINJOE | M | 26 | CENTER LINE, MI |
| 221 | 4:57:50 | RICHARD PERZA | M | 48 | AMBRIDGE, PA |
| 222 | 5:01:03 | SETH SUNDIN | M | 57 | ST CLAIR SHORES, MI |
| 223 | 5:01:05 | JIM McGUIRE | M | 32 | SYLVANIA, OH |
| 224 | 5:01:41 | DAN RENAUD | M | 39 | WINDSOR, ON |
| 225 | 5:03:49 | CARTER SHERLINE | M | 39 | ANN ARBOR, MI |
| 226 | 5:06:10 | CHIP SCHWARTZ | M | 32 | CINCINNATI, OH |
| 227 | 5:08:19 | JOE ROZENEK | M | 60 | GRAYLING, MI |
| 228 | 5:10:37 | MICHAEL KERN | M | 36 | TOLEDO, OH |
| 229 | 5:14:33 | PHIL ALLOY | M | 51 | TOLEDO, OH |
| 230 | 5:17:20 | MATTHEW DEMBINSKI | M | 19 | FREDERICKTOWN, OH |
| 231 | 5:17:21 | THOMAS DEMBINSKI | M | 50 | FREDERICKTOWN, OH |
| 232 | 5:17:42 | HARRIS ILER | M | 56 | ANN ARBOR, MI |
| 233 | 5:31:35 | JOHN STRAND | M | 65 | ORANGE, CA |
| 234 | 5:33:48 | BOBBI ANDERSON | F | 24 | NASHVILLE, TN |
| 235 | 5:33:51 | WESLEY FENTON | M | 39 | NEW MADISON, OH |
| 236 | 5:42:13 | DON MCNELLY | M | 79 | ROCHESTER, NY |
| 237 | 5:42:15 | ROBERT SULLIVAN | M | 51 | TOLEDO, OH |
| 238 | 5:47:29 | JOHN WERNERT | M | 78 | TOLEDO, OH |
| 239 | 5:50:15 | E DEAN SOLTESZ | M | 43 | TOLEDO, OH |
| 240 | 5:55:48 | WALTER KOSYDAR | M | 70 | TOLEDO, OH |
| 241 | 6:08:18 | DIANA JENSEN | F | 52 | TOLEDO, OH |
| 242 | 6:13:18 | TERRY MOHLER | M | 70 | TOLEDO, OH |
| 243 | 6:45:15 | JAMES REEVE | M | 57 | FRMINGTON HILLS, MI |
| 244 | 6:48:00 | JIM ZINK | M | 75 | TOLEDO, OH |

Note: Times for Norm Frank, Don McNelly, and Denny Fryman are not official because they started at 6 a.m. Official early start time was 7 a.m. Their finish times have been corrected in the results.

GCM Thanks

Thanks so much to everyone who had a hand in making the 2000 Glass City Marathon a success. This includes major sponsors, small sponsors, committee heads, volunteers, and the people who did little last-minute favors to make this all happen. Thanks to the members who ran the marathon or the relays. Because of your interest we will continue to put this race on in 2001!

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 Gayle Lohrbach
 Rick Gilts
 Greg Flaczynski
 John Longthorne



Future race director Elizabeth Koenig, daughter of Brian and Pam (Graver) Koenig, participates in the GCM Expo.

Did You Win?

How to Get Your Glass City Marathon Awards

Relay awards for the top three teams in each category can be picked up at Dave's Performance Footgear, 5577 Monroe Street, Sylvania, Ohio 882-8524. Due to the size of the awards, they cannot be mailed.

If you placed in the top three in your age group as an individual, either send me \$2 with your shirt size and your address so I can mail it to you or call me and I'll drop it off at Dave's Performance Footgear for free! These individual awards will not be at Dave's unless you call me first! Pam Koenig, 555 Linden Street, Elmore, Ohio 43416, 862-5028



The NEW Ohio/Michigan Runs

NEW HOME: Pacesetter Park in Sylvania

NEW SPONSORS: Dave's Performance Footgear

NEW NAME: Now Known as *Dave's* Ohio/Michigan Runs

by Ken Falls, Race Director

One of area's finest road races and events, *Dave's Ohio/Michigan Runs* (formerly known as "The Ohio/Michigan Runs"), is proud to announce that Pacesetter Park, Sylvania, Ohio, will serve as its new site.

This year marks the 18th year for this event, and we are especially excited about the ideas and plans we have for this year's race. Be assured our ideas and plans will continue to foster what has been our motto over these many years: "*Where runners are treated like royalty,*" as evidenced by the good food and refreshments, and the special attention given to managing a good race course.

As you probably noted, this event is called *Dave's Ohio/Michigan Runs*, and as such, it has historically traversed the two states. The 4-mile runners and walkers will take a course that starts in Ohio, continues into Michigan, and finishes in Pacesetter Park. Presently this event consists of two different runs, a 4-mile run and a marathon. The marathon run will also traverse the two states, with the final 16 or so miles run on a loop within the park. We are making a special effort to focus on teenage runners, and are in the final stages of implementing a grand prix series for this age group consisting of three area races, one of which would be *Dave's Ohio/Michigan Runs*.

The event actually draws participants from all over the United States and Canada, but most come from Northwest Ohio and Southeast Michigan. *Dave's Ohio/Michigan Runs* will be another fine addition to the existing Sylvania area runs that do so much to promote healthy lifestyles. All fitness enthusiasts are welcome, whether you are a walker, fun runner, jogger, or competitive runner.

Dave's Ohio/Michigan Runs will be held on Sunday, July 23, 2000. Starting time for the 4-mile run is 8:30 a.m., while the marathon will start at 6:00 a.m. In addition to receiving an entry form/brochure in this issue, and/or by direct mail, you can get entry forms at the following locations:

- Dave's Performance Footgear, Promenade Shops, 5577 Monroe St.
- <http://www.toledoroadrunners.org>
- Call Ken at 419/843-7874.
- Also, the entry forms will be available at most area health clubs.

Some Have Asked - Why Change the Race Venue?

Some ideas are just right for the times.

Last year when I explored the possibility of moving the Ohio/Michigan Runs and talked with others about this, I received many positive comments regarding the proposed location and future plans.

You may or may not recall that the Ohio/Michigan Runs were originally part of a larger event known as the Trilby Area Festival—a real festival event, with games and children's carnival rides, etc. Over time this event dissipated, but the runs remained popular, especially when they were part of the Foodtown Grand Prix Series.

In future years we hope to recapture this "event" atmosphere. We think this new Sylvania location, with its explosive growth, and the fine leadership of the SAJRD (Sylvania Area Joint Recreation District) board, can help us re-establish this fine, traditional race. The SAJRD board was very open and excited about the idea of partnering with us in developing these runs into community events.

[**Factoid:** Sylvania Township this year has grown to an estimated population of 35,000 from 27,000 just last year.]

Special Highlights of this year's Runs!

- **Cash Prizes** for the overall winners.
- **New Balance shoes** for each of the 1st place finishers in the age groups.
- **Quality door prizes** will be given away, such as gas grill(s), running accessories.
- **Grand Prix Series competition** for high school students.
- **Centralized parking** – 700 parking spots in one location, unlike the former location.

High School Grand Prix Series Overview

- *Dave's Ohio/Michigan 4-Mile* run is one of three races in *Dave's High School Challenge Grand Prix Series*.
- Team competition. Women and men have their separate teams representing their schools.
- Scored similar to cross country races.
- Winning team of the series receives complimentary tickets to Cedar Point.

See your coaches for further details!

Note the Change: Packet pick-up on July 22nd, 1–3 p.m., will be at Dave's Performance Footgear, Promenade Shops, 5577 Monroe St., Sylvania, Ohio; *not* at Harris McIntosh Towers. Current entry forms are accurate.



Respectfully Submitted

By Penelope Pathpacer

Food for Thought

Bud Shaw, of the *Cleveland Plain Dealer*, had an article on the front page of the sports section that was delivered to my hotel room this morning. He basically lamented the lack of interest Americans have in the Olympic marathon trials. He spoke about the sorry state of long-distance running. Several people are quoted saying that marathoning is at a low point in this country. He pointed out that seventy-six Kenyans can run the marathon in under the 2 hour, 14 minute requirement, while the U.S has only two qualifiers.

Is this something to be concerned about? Well, conditions in Pittsburgh were not the best with humidity and heat, but that is a big gap and the fact that we are sending only one person to Sydney for each team is discouraging, to say the least. What is the answer? More money for training? A different lifestyle as the norm? Or how much is in the genetics of our populations? Furthermore, Shaw states, "Ask the average American to name a marathoner and the answer is more likely to be Oprah Winfrey than Rod DeHaven." This is an absolute truth as even a good number of my running friends barely follow the sport. We cheer for those we know and those we've met in running. But in other sports we cheer for the stars and our teams, no matter how remote from our lives.

My excuse is that I don't follow any sports (despite my relationship of a dozen years - I only look through the sports pages for a headline or ad that catches my eye). But what of the others? Is the state of our sport such that we consider running just an exercise for our own fitness and peace of mind? If so, is this bad?

Sure, the debate's been going on for years, but what happened in Pittsburgh should be an alarm, calling us to reexamine where we are and where we're going with long-distance running in the U.S.



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Success Found in Pittsburgh

by *Pete Buehler*

After fifteen months of training, the day Bob Masters had been preparing for arrived on May 7.

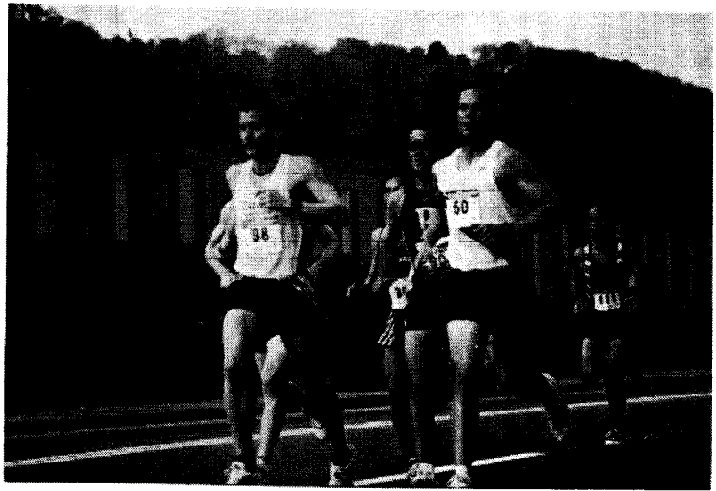
As previous articles stated, Bob's buildup to the Olympic Trial Marathon had not exactly gone according to plan. Injuries, along with life's day-to-day challenges, put a dent into the race condition Bob strived to attain for what was his most important race ever.

As race day drew near, now even the weather was going south. The temperature at race time was 68 degrees with 85 percent humidity. Some lingering clouds helped, but they dissipated 30 minutes into the race. By race end, it was 85 degrees hot!

As Bob stood on the starting line prior to the starting gun going off, a queasy, nauseated feeling was present in his body. "This was the most nervous I've ever been before a race," according to Bob.

Bob's sometime training partner and former TRRC member Tony Fraij told Bob that was a sign he was ready to run. His comment of reassurance turned out to be prophetic.

Bob's strategy going into the race was to drop back in the pack early on, then pick off runners who went out too hard as he went. As the race developed, Bob's strategy was going as planned. Out of the 100 starters, at the 5-mile mark Bob sat in approximately 70th place. Being this



Bob Masters, number 50, running at the Olympic Marathon Trials in Pittsburgh with former TRRC member Tony Fraij, number 98.

photo by Steve Darmofal

far back didn't really matter. Bob's goal, unlike when he races locally, wasn't to win, but if all went well finish in the top twenty overall.

Pittsburgh's Marathon course is not an easy one to run. There are many hills on the route, then throw in 80+-degree heat, and this race became a race of attrition.

Bob held onto his pace, hoping to run around 2 hours 21 minutes until he hit a downhill with three miles to go. But by holding on to this pace for that long, Bob was able to pass many of the faster starters, then hang on to a 23rd place overall, in 2 hours, 24 minutes.

Bob was extremely pleased and tired after the race, and amazed that the race went as well as it did considering everything that was against him.

Ultimately Bob's fine performance comes down to one thing, and that's his dedicated hard training over the last year-plus. Bob has always been known as a tough runner, but his performance at the 2000 Olympic Trials took his toughness up a couple more notches.

Always humble, Bob stated that all this would not have been possible without all the support shown by his wife Shawn, his family and friends, along with his training buddies, who helped make all this hard work more tolerable.

The TRRC salutes Bob and feels we couldn't ask for a better person representing us and the City of Toledo at this prestigious race.

[Writer's note: Former TRRC member Tony Fraij ran 2 hours and 33 minutes. Tony, being about six years younger than Bob, will be back ready to rumble at the 2004 Trials.]



Bob Masters with some of the TRRC contingent who went to Pittsburgh to cheer him on. From left, Pete Buehler (writer of this article), Tammy Szymanski, Bob, Steve Darmofal, and Ed Osbourne.

photo by Steve Darmofal



2000 Boston Marathon Race Log

by Steve Darmofal

There comes a time in every runner's career when you get a burning desire to go to Boston. It's not because it's the oldest continuously run marathon in the world, or because it is the most prestigious road race in America, or you must qualify to enter. It's more than that. It is THE BOSTON MARATHON. It is the one race that everyone who doesn't run actually knows about and will invariably ask you if you have ever run in.

This year I got together with some former college teammates to go and see what the hype was all about. I had finally forgotten how badly my last marathon (2:38 in Chicago in 1998) had hurt and was fortunate enough to be able to still use it as a qualifier. My training went extremely well in November, December, and January, but was hampered by nagging injuries and other setbacks in February, March, and early April, which left me a little nervous about my prospects in the week leading up to the race.

Arriving at Logan Airport in Boston, I began to feel the enormity of the event. The airport was teeming with runners, family, and friends converging from every part of the country. Talk about the marathon was everywhere—from the subways to the restaurants and the newspapers to the TV. The Boston *Globe* even printed a listing of every runner, seed number, and hometown in the paper the day before the race.

Race day proved to be controlled chaos. I woke up at 6 a.m. so I could get my pre-race breakfast. We arrived downtown via a subway at 7:30 a.m. to join the 18,000 other runners looking get on a one-way 26-mile bus ride to the staging area. We managed to get on a bus by 8 a.m. and arrived at 9 a.m. The high school resembled a refugee camp. Two enormous festival style tents were set up to protect the runners from the elements and the whole area was completely surrounded with porta-johns. One tent took up most of the baseball field and the other took up most of the football field. The tents did us no good, however, because they were totally full when we arrived.

After surveying the land we decided to make camp at the outer west end of the football field tent in hopes it would shield us from the 10–15 mph, 40-something-degree winds from the east—winds that would be headwinds for 26.2 miles.

About 11 a.m. they called the competitors to make the 1-mile trek to the starting line. The game plan is to drop off your warm-ups at the bus and walk to your starting corral. There were about 38 school busses there to take gear back to the finish area. Each bus carried gear for 500 runners in numerical order. You hand your bag in the window with your number on it to be placed on the seats. Each window handled bags for 25 runners. I dropped off my gear at the first bus and walked past every one of the other 37 busses as part of a mass exodus to the starting area.

The start takes place on a two-lane road with the runners lining up in one of 19 corrals each holding 1000 people. The last corral had to be at least a half-mile from the start. I was fortunate to be in the middle of the first corral.

The race gets off to a tough start. From the starting gun to a mile in I barely found room to run. I was stuck at the pace of the field around me, which was 25 seconds slower than my target pace. I was able to get back on pace by 10K but by 10 miles my legs were showing signs of tightening up and fatigue due to the numerous downhills and dehydrating winds. I then shifted my strategy to survival mode, which called for drinking copious amounts of water wherever possible. At 12 miles I wasn't feeling any better but I then heard a soft sound from over the hills. It got louder with every step and became a roaring scream when I arrived at the all-female Wellesley College. The women at the college were lined up for a half-mile on the course and were screaming so loud that I felt like a rock star running onto stage. This lifted my spirits and by the time I arrived in Newton, my legs were feeling much better.

At mile 17 I met up with two of the fans' favorite runners, Scott and Brian. I didn't know who they were but they were run-

ning very strong and everyone seemed to be cheering them on. I did the only sensible thing and tucked in behind them to get a break from the wind and pretended that all of their friends were actually cheering for me. I was able to run strong up Heartbreak Hill and did my best to pick up the pace on the descent into downtown. My legs were really hurting on the downhills and I was praying that there would be more uphill so that I wouldn't be in as much pain. Scott and Brian began to slow at 25 and I made a move to finish strong in a total time of 2:43:45. I looked back at the finish area to congratulate Scott and Brian on a great run and easily spotted them—they had their names written on their singlets!

At this point most marathons end, but this is not the case in Boston. The half-mile walk to the gear area was long, slow, and into the cold wind. By the time I got to my gear bus I was freezing and could barely move. I had to have a course volunteer help me put on my warmups, as I could only lift my feet 3 inches off the ground. I then made a straight line to the massage area a few blocks away. Some sadistic person put the massage area in the basement of a building with no elevators—which meant having to do the unthinkable and walk down stairs to get there. I was immediately put on a table and my cramping legs were worked on. They told me I was badly dehydrated and needed to drink until I went to the bathroom. After an hour, 70 plus ounces of water and orange juice, and 15 cups of hot broth the cramps went away and I was able to get up and find relief.

I was now ready to go home, along with most of the 18,000 other runners. The 3-block walk to the subway and two-mile ride back to the hotel, which took 20 minutes in the morning, took well over an hour. I was completely exhausted by the time I got back but had a great sense of accomplishment for just having run the Boston Marathon. It was a day that I will remember for a very long time.



Ed Dibble 19-Mile Towpath Run

By Louise Miklovic, Race Director

The 19-Mile Ed Dibble Towpath Run took place on Saturday, April 1, at Farnsworth Metropark. The run follows the towpath from Waterville to Grand Rapids. The park system has done a great job with path improvements that have helped all the runners. Fifty-two people ran and enjoyed a beautiful view in good weather. All runners were rewarded with a great shirt, and Marge Dibble's homemade cookies.

Run the Tow Path
Run two weeks
before Glass City
2001.



The Dibble Clan was once again there to sponsor the race, support the runners, and to remember Ed as a wonderful husband, father, grandfather, and runner. Doug Dibble, Ed's son, (far left in photo) has run every memorial run and has become a very good marathoner himself. Watch for him at the Glass City Marathon.



Jeff Long has volunteered at every Towpath Run! Thanks!!



Ana Rodriguez-Leffler and Kay Heinrichs relax after the race.

Boston or Bust?!

By Jayne Werbylo

On April 17th I joined the ranks of 11,000 runners for a dream of a lifetime—our virgin run of the Boston Marathon. We were among a total of 18,000 runners who were to withstand 45-degree temperatures and 10-mph headwinds the entire 26-mile course. One third of us were women.

Never did I dream I would ever run a marathon, much less the Boston Marathon. I didn't dream of it when I sat on the couch as a child watching *The Monkeys* and eating a bag of chocolate chip cookies, or as a college student drinking beer on Thursday College Nights at the bar and eating pizza. I didn't dream of it when I was a new career woman and teaching aerobics on the side. I never even dreamed of it when I entered my first marathon, which ultimately qualified me to run the Boston Marathon. In fact, my dream never even solidified until a week before the prestigious event. After persevering a sprained ankle, peroneal tendonitis, plantar fasciitis, and other minor injuries, my dream became that much more sweet and one to savor for a lifetime. I had spent more weeks in therapy and cross-training than I did following my outlined 15-week training program.

Boston here we come! We were immediately surrounded by the excitement upon arrival to Boston. Pre-event festivities were the first to savor. We stayed at a hotel connected to the Convention Center where most pre-events were taking place. The Expo was extensive and it was nice to take rest breaks in the hotel room! One of the best events was the workshop on everything you needed to know about running the Boston. The information was extremely beneficial. We had the pleasure of meeting up with Tricia Ingraham, a former Toledoan who is currently employed by *Runner's World* and living in Pennsylvania. After having a festive time at the Pasta Pre-Race dinner meeting three other couples where the wife was running and the husband was along for support, it was time to hit the hay for a restful night of sleep.

We got up at the crack of dawn for the long bus ride to Hopkington. As they say,



you are "happy just to have made it to Athlete's Village." How true! After getting plenty of food and drink upon arrival, most of us strategically found warm places to quietly prepare for the day's event. You could spend your time listening to the band, making free phone calls home (compliments of Nextel), or get a massage. The race started with the singing of the National Anthem and a fly-by. It would be a six-minute walk to the starting line after the gun signaled the start of the race for those of us in the back corrals.

Heeding to the advice I picked up at the workshop, I kept a slower pace through the first six miles. As the field thinned out it was easier to pick up the pace. I also heeded the advice to put my name on the front and back of my shirt. What fun to have spectators personally cheering you on! Many areas had children lining the street who wanted you to slap their hands as you go by. The look on their face and yelling your name even louder was a thrill for both parties. Half a mile from Wellesley College you could hear the female students yelling in support of the runners. After slapping hands with all the women along the entire length of the campus, it was time to regulate the amount of hand slapping in order to reserve energy for the end of the race.

My plan for gel, water, and Gatorade intake in addition to training in the same

weather as experienced on this day made Heartbreak Hill not so much of a heartbreak for me. It was immediately after this point I was able to turn on the speed. Most of the remaining mileage was downhill—my favorite! While others were walking and beginning to experience hypothermia I was flying! The thrill was never better than the turn onto Boylston Street, where I could see the finish line a few blocks away. I withstood foot pain for the entire race, I suppose to remind me that I am human and subject to injury. That made coming through the finish in 4 hours and 7 minutes with my hands up, full of energy, and getting that medal the biggest thrill of all!!!

The only disappointment was not being able to participate in some way with the Glass City Marathon taking place on the same weekend. We talked up the scenic and relatively flat course to fellow runners. We think we have a few recruits coming to Toledo next year.

Boston or Bust (continued)

I would not have gotten to the finish



Jayne waves to the crowd at mile 22.



Club 5k Championship

Swan Creek Metropark
April 15, 2000

by *Becky Sechrist*

It was a lovely day for a quick race before heading downtown for the Glass City Expo. The fifteen runners who showed up were a fast group with times ranging between 17:11 and 27:20. A hearty welcome to new member Bill Stainbrook who joined the club the day of the race. Thanks to Ronda Massey, Jim Troknya, and Ken Peterson for their assistance.

Female 1st overall: Kay Heinrichs (22:33)

Male 1st overall: Anthony Maletich (17:11)

Other winners:

1. Mark Stender 18:43
2. John Unger 19:23
3. Steve Haubert 19:54
4. John 20:05
5. Bill Mumford 20:22
6. Dave Jankowski 20:53
7. Russ Dobes 21:11
8. Jerome Tomc 22:03
9. John Johnson 23:04
10. Tim Defrain 24:16
11. Thomas Biblewski 24:47
12. George Royer 26:24
13. Bob Stainbrook 19:54



Former Toledoan Tricia Ingraham noticed Jayne's Toledo race shirt and introduced herself while both were attending a pre-race workshop. Tricia works for Runner's World, who sponsored the workshop.

line without the support of my husband, Chris; Chuck Conners and Burt Rogers, physical therapists from HealthSouth who even came in on the weekends to give me therapy treatments; and all of the thoughts and prayers I received from family and friends. Thanks for the memories and a once-in-a-lifetime dream come true!

Contributors to the June Issue of *Footprints* with many thanks from the Editor!

Pete Buehler
Steve Darmofal
Ken Falls
Tom and Alice Falvey
Pam Graver-Koenig
Todd Herzog

Dave Jankowski
Jason Kaczor
Terri Kaczor
Bill and Barb Lindeman
Louise Miklovic
Rob Nicely

Penelope Pathpacer
Marilyn Witko Rosinski
Becky Rudnicki
Becky Sechrist
Jayne Werbylo
Jan Winke

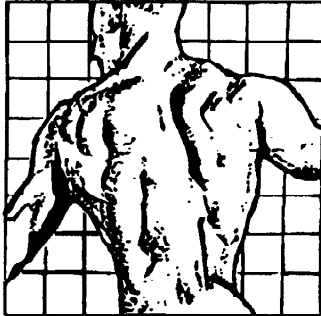
and The (May issue) Collating Volunteers!

Tom Biblewski
Cal and Jill Calcamuggio
Ann Fago

Walt Kosydar
Betty Newton

Seth Newton
T. J. Segura
Jerome Tomc

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Deadline—July Issue

June 10, 2000

Submit articles, race results, and especially photos to:

Lanette Cornwell
5731 Candlestick Ct., E.
Toledo, Ohio 43615
419-531-1270
FAX: 531-0119
LANETTE**T**@AOL.COM

E-mail is the preferred submission method. Second choice: a clean, typed copy I can scan! (12 pt. type or larger, please) Also accepted, diskettes and handwritten copy, especially when written on \$20 bills.

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July

2000

| SUN | MON | TUE | WED | THR | FRI | SAT |
|---|-----|---------------------------------------|---------------------------|-----|---|--|
| 30 | 31 | | | | | 1 <i>Woodville 4-Mile Run</i> |
| 2 | 3 | 4 <i>Starr Spangled 5K</i> | 5 | 6 | 7 <i>Walbridge Aqua Terrace 5K</i> | 8 |
| 9 | 10 | 11 | 12 <i>Hash Run</i> | 13 | 14 | 15 <i>Delta Chicken 5K Run for the Lights</i> |
| 16 <i>Summer Picnic</i> | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 <i>Ohio Michigan Runs</i> | 24 | 25 | 26 <i>Hash Run</i> | 27 | 28 | 29 <i>Good Ol' Summertime 5K</i> |

See or call Bob Amphor (882-1711) for details on Hash Runs.

August

2000

| SUN | MON | TUE | WED | THR | FRI | SAT |
|--|-----|-----|---------------------------|-----|--------------------------------------|--|
| | | 1 | 2 | 3 | 4 | 5 <i>Women's Distance Festival</i> |
| 6 | 7 | 8 | 9 <i>Hash Run</i> | 10 | 11 | 12 <i>Run thru Hell Sylvania Superkids</i> |
| 13 <i>Sylvania Tri/Du- athlon</i> | 14 | 15 | 16 | 17 | 18 <i>Pemberville 5-Miler</i> | 19 |
| 20 | 21 | 22 | 23 <i>Hash Run</i> | 24 | 25 | 26 <i>Swanton Corn Fest 5K Wabash Cannonball 5K</i> |
| 27 | 28 | 29 | 30 | 31 | | |

1st - Woodville 4th of July (?) 4-mile Run. 8:00 a.m. Woodville, Ohio. Matt Hasenfratz 1-419-849-2278

4th - Starr Spangled 5K. 8 a.m. Starr School, Oregon. Becky Rudnicki 691-0912

7th - Walbridge Aqua Terrace 5K. 6:30 p.m. 1-mile run/walk at 6:00. Aqua Terrace Pool. Mark Beck 836-8073 or Millie Schwan 666-0277

15th - 27th Annual Chicken Run 5K. 8 a.m., Delta, Ohio. \$10 fee waived with pledge for park. Jeff Taylor 419-644-3088

15th - Run for the Lights 5K/2-mile walk. 9 a.m. Archbold. Jack McCormick 1-800-686-2746 or 419-445-6780 evenings

16th - TRRC Annual Summer Family Picnic and Run. 1 p.m. at the Lindemans'. Bill or Barb Lindeman 693-3896

Sponsored by Dave's Performance Footgear

23rd - Ohio/Michigan 4-Mile run and Marathon. Marathon starts at 6 a.m., race at 8:30. Pacesetter Park, Sylvania. See page 11 for more details.

29th - 22d Annual Good Ol' Summertime 5K. 9 a.m. North Baltimore, Ohio. Gregg Glamm 419-251-2340

5th - Women's Distance Festival 5K. 8 a.m., Ottawa Park. Terri 419-833-6865 or Janice 478-5713

12th - Sylvania Superkids Duathlon/Triathlon. 7:30 a.m. Tam-o-Shanter, Sylvania Ave. American Lung Association, 471-0024

12th - Run Thru Hell 4.8-Mile and 10-Mile Races. 8 a.m., Hell Creek Ranch. Call Harrison at 734-878-6640

13th - Sylvania Mercy Health Partners Triathlon/Duathlon. 7:30 a.m., Tam-o-Shanter, Sylvania Ave. Jim or Joyce 885-2089

18th - Pemberville 5-Miler. 6:30 p.m. 1-mile fun run at 6:15 p.m. Mitch Freeman 419-287-3889

26th - Swanton Corn Festival 5K. 8:30 a.m. Bill Brymer 419-826-0621 (H) or 826-8866 (W)

26th - Wabash Cannonball 5K Walk/Run. 7:00 p.m., Whitehouse. Randy Bukas (days) 877-5383 or Angie Kuhn (eves) 877-0296

TOLEDO ROAD RUNNERS CLUB

P.O.Box 5656 • Toledo, OH 43613-0656

NON PROFIT ORGANIZATION
U.S. POSTAGE PAID
TOLEDO, OHIO
PERMIT 662

Toledo Roadrunners Club — Phone No. 419-474-2649

Information on Club activities and area races!

June 2000

| SUN | MON | TUE | WED | THR | FRI | SAT |
|---------------------------|-----------------------|-----|-------------|-----|-----|---------------------|
| | | | | 1 | 2 | 3 |
| 4 Toe to Heal 5K | 5 | 6 | 7 | 8 | 9 | 10 Camelback 5K/10K |
| ONE 5K for David's | | | | | | |
| 11 Yogurt Run Predictions | 12 | 13 | 14 Hash Run | 15 | 16 | 17 |
| Kelley's Island 5K/10K | | | | | | |
| 18 Strawberry Fest 10K | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 Bruce Jones 5K/10K | 26 Collate Newsletter | 27 | 28 Hash Run | 29 | 30 | |

4th - Toe to Heal 5K Run/Walk. 9 a.m., Arrowhead Park. Toddler Trot and Youth Run, kids' activity area. Door prizes, prize money. Food available. Bob Beehner 882-1597 or Pat Nowak 893-9401

4th - Old West End 5K for David's House. 8 a.m. Jefferson and Parkwood. Rose Humbert 244-6682

10th - Fremont Camelback 5K/10K and 2K for 6-to-12-year-olds. Glen Bowen 419-665-2019 or Ron Brant 419-332-6292

11th - TRRC Yogurt Runs 5.2/10.4-mile predictions. 8 a.m. Oak Openings Park (Evergreen Lake). Louise Miklovic 868-1295

Sponsored by Bob McOmber

11th - 18th Annual Kelley's Island 5K/10K. 10:45 a.m. Tom Etchill 419-625-9512

16th - Howard Strawberry Festival 10K. Community Park, Angola Rd. John Jezak 865-0230 or 893-2373

25th - Bruce Jones Memorial 5K/10K Run for Hospice. 8:30 a.m. Blissfield High School. Art Weeber 517-486-2141

26th - COLLATE JULY ISSUE OF FOOT-PRINTS, 7 p.m. at Print-All. Call John and Betty Newton for details, 691-0120

See or call Bob Amphor (882-1711) for details on Hash Runs.