



STARR SPANGLED

5K RACE & WALK

BY SECOND SOLE TO CELEBRATE INDEPENDENCE DAY!

FRIDAY, JULY 4TH 2014

RACEDAY REGISTRATION: OPENS AT 7:00 AM - 5K RACE AT 8:00 AM

RACE DAY REGISTRATION LOCATION: Starr Elementary School, 3230 Starr Avenue, Oregon, OH

COURSE: Start and finish at school on flat and fast 5K road course out and back. One water station on course. Course is accurately measured.

AWARDS

- Overall male/female, Overall Master (40+) male/female, Overall Grand Master (50+) win Gift Certificates!!!
- Age group awards (at least 3 deep) No duplication of awards, 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 - 74, 75 -79, 80 & older

SHIRTS REFRESHMENTS AND OTHER INFO:

- All participants will receive a t-shirt and \$10.00 shoe discount coupon.
- Fruit, Cookies, & Sport Drink at finish.
- Early packet pick-up at Second Sole on Thursday, July 3 during store hours!

ENTRY FEES:

- Entry fee for Pre-registered - postmark or on-line by Saturday, June 28, 2014 \$ 16.00
- Register in-person at the store by Saturday, June 28 and receive a \$1 discount off the above fee.
- Online registration available at IMAthlete.com until Wednesday, July 2, 2014
- Entry Fee for Late or Day of Race - \$ 20.00
- Entry fees payable to: Second Sole and Mail to Second Sole, 4190 Levis Commons Blvd, Perrysburg, OH 43551
- Information? Call Second Sole at 419-931-8484 or email matt@secondsoleohio.com
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CUT HERE - ENTRY FORM MAY BE PHOTOCOPIED- PLEASE PRINT

NAME _____ TELEPHONE:(_____) _____

ADDRESS _____ CITY/STATE: _____

ZIP CODE: _____ SEX: (CIRCLE) M F AGE (ON 7/4/2014): _____ DATE OF BIRTH: _____

SHIRT SIZE: (CIRCLE) YL S M L XL 2XL EMAIL ADDRESS: _____

IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS AND DAMAGES I MIGHT HAVE AGAINST THE RACE DIRECTOR, SECOND SOLE RUNNING STORES, SPONSORS, AND ALL RELATED PARTIES FOR ANY AND ALL INJURY OR DAMAGE RESULTING FROM PARTICIPATING IN THE ABOVE EVENT. I AM IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN THIS EVENT.

SIGNED _____ (PARENT OR GUARDIAN IF UNDER AGE 18) DATE: _____