



# ***NATIONAL RUNNING DAY***

**Wednesday, June 5, 2019**

**Swan Creek Preserve Metropark  
4301 Airport Highway, Toledo, Ohio**

**Registration at 5:45pm**

**Kids 1K Run at 6:15pm**

**5K Run at 6:30pm**

**National Running Day is celebrated on the first Wednesday of June. Run with us to celebrate the joy of running!**

***New this year:* Kids 1K run, because kids love to run too!**

**This event is *FREE* for everyone!**

**Sign-in required.**

**The courses will be marked and there will be a clock at the finish, but there will be no results or awards.**

**Thank you to Metroparks Toledo for partnering with us!**