

TOLEDO



ROADRUNNERS

TOLEDO ROADRUNNER NEWSLETTER
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STATEMENT OF PURPOSE

The Toledo Roadrunner Club (TRRC), an affiliate of the Roadrunners Club of America, is a non-profit club open to anyone with an interest in jogging and/or running regardless of sex, race, age or ability. Whether you're a fitness jogger, fun runner, competitive runner or a combination of all three, you're invited to join the TRRC. We have "fun runs", prediction jogs, and races every weekend with distances for the beginning jogger and the seasoned distance runner.

MEMBERSHIP DUES

TRRC membership dues are \$6.00 per year for a single and \$10.00 per year for a family membership. Dues are renewable Jan. 1st annually with new members joining after June paying only half price. Your dues entitle you to a beautifully embroidered club patch (two for a family membership--extras available), 1 yr. subscription to our monthly newsletter, a vote in club affairs, eligibility for club championships, special awards, and our many social functions.

JULY MEETING

Our July meeting was held at Secor Park on July 4th after our Bi-Centennial run and breakfast barbeque. Jim Petiniot did a great job of directing the run and the pleasant aroma of the various entrees being cooked over open fires in the great outdoors was mouth watering!

Our awards committee (Dave Sprandel, Richard James and Tom Kovacs) presented their recommendation for awards for our first TRRC marathon championship held June 20th in conjunction with G.C.M. Members present voted to accept their recommendation, but the majority expressed the desire and voted to use the national RRC age group guidelines in the future. Every TRRC member who finished this year's marathon will receive a special recognition plaque with age group winners receiving special trophies. Age groups and respective winners are: 15 and under - Tony LaPoint, 16-18 - John Trame, 19-22 - Gary Bryan, 23-27 - Rich Lachowski, 28-32 - Dave Mason, 33-37 - Dave Sprandel, and Stan Huff, 38 - 42 - Jim Petiniot, 43 - 37 - Ron Cole, 48+ - Len Dybala.

Our August meeting (Saturday, Aug. 14th) will again be held at Churchill's on Monroe St. with our featured guest speaker being the famous Australian distance runner and fitness evangelist Bill Emerton. Dinner will begin at 6:30 p.m. with us moving upstairs for a short meeting and Mr. Emerton's talk and movie between 7:30 and 8:00 p.m. Members are welcome to bring guests as this is sure to be another most enjoyable evening.

DELTA CHICK 'N RUN

Eighty-four joggers and runners completed the popular 6.2 mile distance while seventy-two went the distance in the shorter 3 mile race.

Rich Lachowski led all TRRC members in the 10 km. blistering the course in 33:05, good for 3rd overall. Rick Callison of Piqua, Ohio was the overall winner in 32:13 with Bill Stewart of Manchester, Mich. finishing 2nd in 32:31. Following Rich for TRRC was Lou Wagner - 9th in 34:21 with thirty-eight year old Paul Anderson only 31 seconds behind to finish 11th. Seventeen yr. old John Trame went the distance in 36:48 for 17th overall, while Steve Kaczor crossed the finish line in 37:22 good for 20th. Lyn Greenler of Napoleon was clocked in 37:37 for 21st, with Phil Workman touring the distance in 38:13 for 26th. Dick McCraney finished 27th in 38:27 with 41 yr. old Lou Pilliod of Swanton 29th overall in 39:13.

Paul Warshawsky finished 31st in 39:24 followed by Mike Cameron 33rd - 39:43, Jim Petiniot 34th - 39:55, Frank Hanak 37th - 40:18, Rick Trame 46th - 42:37 and 41 yr. old Pat Gallaher 47th in 42:43. 53 yr. old Art Johnson was the next TRRC finisher in 44:17 for 53rd, with Ron Cole 59th in 45:40, Richard Trame 60th in 45:46, Richard James (still trying to recover from injuries) 63rd in 46:18, Bob Munson (always trying to recover from injuries) 66th in 47:26, 59 yr. old Len Dybala (oldest finisher) 68th in 47:53, Walt Tucker 74th in 50:13, Penny Greenler (winner in women's open) 75th in 50:37, and Dr. George Rupp of Swanton (one of our newest members) 78th in 55:17.

In the three mile, high school standout John Kaczor finished 2nd overall only 11 seconds behind 1st place Richard Garcia of Genoa in 15:55. Todd LaBonte was 23rd in 18:06, while John's sister Kathy Kaczor was 28th in 19:28. 13 yr. old. Jamie Mason was the next TRRC member over the finish line in 20:07 for 32nd overall, followed by 13 yr. old Allen Kaczor (what a family!) 40th in 21:55. Ten yr. old Tony LaPoint completed the 3 miler in 22:00 for 41st along with Bonnie Trame - 43rd in 22:23, Marianne LaPoint - 44th 22:37, Tim Trame (11 yrs. old) 45th - 22:48, 9 yr. old Jon Gallaher - 57th - 24:44, 8 yr. old Sara Mason - 59th - 25:49, P. J. Petiniot (11) 60th - 26:14, Robbie Munson (10) - 61st - 26:15, brother Mike Munson (8) 62nd - 27:40, Terrie LaPoint - 63rd - 27:48, Margie Trame (12) 67th - 29:54, 7 yr. old Terry Trame - 70th - 40:37 (how about an award for the most finishers in one family!?). Dean Warshawsky (another 7 yr. old) 71st - 40:46 and the youngest finisher was 6 yr. old Denny Trame - 72nd in 42:31.

PROFILES



Pat Gallaher - 5339 Edgewater Dr., 41 years old - born Oct. 8, 1934 in Henton, W. Va., 6 ft. tall, 185 lbs. Self-employed in water purification business.

Racing: 1 mile - 5:20; 10 km. - 42:10; 10 miles - 67:00. Runs twice daily when possible, 14 miles a day averaging 50 miles a week. Has been running since summer of 1974. Started for health reasons. Had back problems and was overweight at 220 lbs. Likes to run at Swan Creek Park in the evening with a group of guys.

Wife - JoAnn - 31 yrs. old, 4'10-1/2", 97 lbs. Employed as a general inspector in dental factory. Runs 1-6 miles daily. Winning the 1975 Great Lakes Regional championship for 5 miles in women's age division encouraged her to run more.

Jon - 9 yrs. old. Strictly a week-end runner for competition only. 3 miles - 24:00. Finished his first 10 mile race Easter Sunday at Vic Tanny's.



Dr. Jimmie G. Edwards - 3809 Maxwell, Toledo, Ohio. Born July 27, 1934 in Sand Bluff, Oklahoma. 42 years old. 6', 165 lbs. Professor of Chemistry at the University of Toledo. Wife - Carolyn, Son - Tim - 19, daughters Susan - 14 and Anne - 13.

Racing: 4 miles - 22:28; 10 km. - 34:56; 10 miles - 58:00; half-marathon - 75:30; 30 km. - 1:55:55; marathon - 2:44:59.

Training: 5-6 days per week, average of 60 miles per week for past three months. Jim has been plagued by injuries for the last year or more. Before that he averaged minimum of 70 miles per week 12 months a year with highest week of 160 miles.

Jim began running at age 35; while still a newcomer at T.U. became involved with and influenced by T.U. faculty joggers. When Jim recovers from his current injuries he'll be one of the top Master runners in Ohio.

Jim recently directed his annual special birthday run with all in attendance sharing ice cream and pop in helping celebrate his birthday. I know I speak for all of us who know and respect Jim in wishing him many happy returns and renewed success in running.

