



# TOLEDO ROADRUNNERS

The Toledo Roadrunner Club (TRRC), an affiliate of the Roadrunners Club of America, is a non-profit club open to anyone with an interest in jogging and/or running regardless of sex, race, age or ability. Whether you're a fitness jogger, fun runner, competitive runner or a combination of all three, you're invited to join the TRRC. We have "fun runs", prediction jogs, and races every weekend with distances for the beginning jogger and the seasoned distance runner.

Volume II, Issue XII - December 1977

## DECEMBER MEETING DRAWS CROWD

Once again we had a large turnout at our Dec. meeting as over 70 members and friends enjoyed the festive activities, scrumptious food and a visit from Santa.

By a narrow margin, eighteen year old Monte Prosser was elected Vice President of TRRC for 1978. So, our officers for 1978 are: President - Tom Kovacs (36), 3262 N. Reach Dr., Oregon, Ohio 43616; Vice President - Monte Prosser (18), 1531 Kellogg, Toledo, Ohio 43615; Treasurer - Diane Wagner (32), 109 Oak St., Swanton, Ohio 43558 and Secretary - Diane Hires (31), 3655 Devon Hill, Toledo, Ohio 43606.

It was decided that two mileage patches would be offered for those members who want them: A green lettered patch 4" x 1½" with the number of miles and the word miles with green edging signifying mileage for 1977 only, and a gold lettered patch (same size, trim and lettering), but signifying lifetime mileage to date. Minimum number of miles for a 1977 patch is 250. You may order either one or both patches. Price is \$1.50 for each patch ordered. Send money with order to Fred Fineske, 1707 Eastfield, Maumee, Ohio 43537. Patches will be presented at February dinner meeting or mailed in newsletter.

## JANUARY MEETING - FRIENDSHIP PARK SHELTER HOUSE

"The Marathon" will be shown at our Jan. 7th meeting. As advertised in Runner's World. "The Marathon" is a 16 mm film in sound and color that captures this classic race from start to finish. It highlights the electrifying experience of the 69 elite runners who vied for three Olympic berths at the Olympic Marathon Trials in Eugene, Oregon. The film features the voices of Frank Shorter, Bill Rodgers and Don Kardong as they recount their races. Slow motion segments dramatically depict form, grace, muscular effort and style of America's top marathoners. The film will also be shown the following day at 12:00 noon at Pearson Park shelter house prior to the run.

## MASTERS' MEETING - JAN. 4

There will be a meeting Jan. 4th at 7:30 P.M. at U. of T. Health Bldg. room 258 for anyone interested in organizing a Masters' Division (age 40 and over) of TRRC.

## FEBRUARY MEETING - FEB. 4

The February meeting will be held at Schafer's Smorgasbord, 4311 Heatherdowns Blvd. Dinner will begin at 6:30 with the meeting following at 7:30. Prices, including beverage and dessert, are \$4.00 for adults and \$2.00 for children 3-10. Mileage patches will be distributed at this meeting.

PRESIDENT - Fred Fineske  
1707 Eastfield  
Maumee, Ohio 43537

1977  
OFFICERS

VICE-PRESIDENT - Walt Tucker  
SECRETARY - Terri LaPoint  
TREASURER - Dave Sprandel

## TRRC & METRO PARKS

On Nov. 19, 1977 a meeting was held between representatives of the Toledo Metro Parks and various officers and members of TRRC. Representing the Metro Parks were: Director, Robert Metz; Chief Ranger, Dave Schultz; Art Weber; and two rangers.

Sitting in for TRRC were: President, Fred Fineske; Treasurer, Dave Sprandel; Secretary, Terri LaPoint; Paul Anderson, Shirley Taylor, Monte Prosser, Diane Hires, Char Petiniot, Dick Trame, Richard James, Lou and Diane Wagner.

The main objective of the meeting was to establish better communication between Metro Park authorities and TRRC with discussion covering items such as: Who and what are the Toledo Roadrunners? Why and how often do we run in the Metro Parks? What are our needs and problems in the parks? What are the parks' needs and problems (rules and regulations)?

Well, I think we pretty well established that the Toledo Roadrunners are simply 500 boys and girls, men and women of all ages and races, from all walks of life, who share a common interest in jogging and/or running. We enjoy the Metro Parks for various numerous reasons and we conduct weekend runs in them at least twenty times a year. However, not only do TRRC members utilize the parks, but many, many more joggers and/or runners who probably never heard of TRRC.

Our needs are few--mainly a place to run that is as enjoyable and safe as possible and others to run with. And when you consider how often we use the parks, our problems are really few also. Basically, a lack of communication and mutual understanding along with failing efforts of cooperation have been the foundation of any problems. Through our Nov. 19th meeting and future meetings direct lines of proper communication have been and will be opened which should help mutual understanding and cooperation.

We, as well as any other group conducting our activity in the parks, are required to have a permit. Also, to benefit both TRRC and the parks, we are asked to notify the ranger the week of a run at his specific park. (This is the duty of the race director.) Our six month schedule will be approved in advance by park representatives, but still a week's reminder prior to a specific run will help prevent any unnecessary last minute problems.

A little common sense and some good old-fashioned manners are always helpful too. Remember, there are many other interests being enjoyed in the parks, i.e. hiking, biking, bird watching, naturalists, etc. Respect their rights too. I'm sure we can all appreciate the feelings of a hiker or bird watcher suddenly converged on by 50 or more joggers coming around the curve in a trail.

## BOSTON MARATHON PLANS

Dave Sprandel is interested in organizing a charter flight to the Boston Marathon next April. For more information contact Dave at 475-8042.

JOE STEELE ROCKET CITY MARATHON - HUNTSVILLE, ALABAMA

(By Ron Cole)

Friday, Dec. 16th

Seven Toledo Roadrunners, along with their pilot Tom Hutchison, enjoyed some Southern hospitality at an Italian restaurant and were carbo loading for the first marathon to be held in the state of Alabama. Proclaimed by Gov. George Wallace as "Marathon Day", everyone was cooperating to insure a successful day--everyone except the weatherman.

Saturday, Dec. 17th

The race started on top of Monte Sano Mountain, with the temperature a cool 40° with rain, which soaked the runners who huddled to keep out of the gusts of wind and cold air and had this writer wondering "what the heck am I doing here"!

With the gun signalling the charge, approximately 450 runners began what must be one of the most beautiful race courses that Alabama had to offer. After about 30 minutes the rain stopped and, as the markers led the runners down into the town, the temperature rose to between 55° and 60°.

It was evident that Joe Steele, a real estate man, was the sponsor because clever realtor type signs marked the turns, the mile marks, and stations, and yes even offered words of encouragement to the runners who were from 28 different states and imported runner, Ron Hill, from England.

Randy Cole was first to bring the Toledo colors across the finish line in the great time of 2:49. (Randy's first sub-3 hr. marathon, and on his third try!) Doyle Carpenter also finished his first marathon under 3 hrs. in 2:58:50. A super effort.

Jeff Siefert also proved that dedicated training brings results as he ran his best by 15 minutes in 3:07.

Ron Cole and Mike Cameron, running all the way together, finished in 3 hrs. 13 mins. This was a P.R. for Ron and also won him a 5th place trophy for his age group.

Jim Petiniot struggled in at 3:25 with an Achilles pull that actually started to bother him at the 2 mile marker. Tired from the heavy work schedule brought on by the recent severe snowstorm, a determined Walt Tucker eased across in 3 hrs. 40 mins.

Doyle headed south for a long holiday and Randy and Jeff drove to New Orleans. The rest of the Toledo runners flew home and believe me, that was another story.

P.S. Steve Bolt, Huntsville's native son, captured the marathon by 5 seconds over Ron Hill of England in the time of 2:17:35.

PROFILE: Shirley Taylor  
2337 West Country Club  
Toledo, Ohio 43614

Born: May 13, 1933 in Adrian, Mich. - 44 yrs. old  
Occupation: Information Specialist  
Husband: Robert  
Children: Deborah Kay (22), Bryan (21)  
5'7½" - 114 lbs.

Shirley's first experience with running came in the 5th grade when she outran everyone in her class, but never was able to race after that. She did, however, enjoy many sports while growing up. She played basketball and swam in high school. While attending the University of Alabama she took part in diving and tennis. She took up golf a few years ago and played a lot until she began running. Shirley has also been downhill skiing for ten years and plans to take up cross country skiing this year.

In the Spring of 1976 Shirley needed one credit hour to graduate from the U. of T. with a degree in Sociology. She signed up for a class called Fitness and Conditioning not knowing it was running (says she wouldn't have signed up if she had known it was!). Her schedule called for running one or two miles every other morning through August when she had to stop for health reasons.

In January of 1977 Shirley joined the Aerobics class at U. of T. and started to take running seriously. There she met Walt Tucker and Jim Petiniot who encouraged her to join the Roadrunners. She did join TRRC in February and didn't miss a Sunday run in 6 months!

Shirley says that running Bonne Bell last June in New York was her most memorable running experience (there were 2200 women). In fact, Shirley states that competition is what she enjoys most about running.

On Saturdays she visits a group of nine ladies and two gentlemen at Lake Park Nursing home who are her most enthusiastic running fans. She began by bringing in articles on politics, sex, religion, etc. which they discussed. She has told them of her running, brings in her trophies, and they pray for her when a big race is coming up (we now know Shirley's secret weapon!).

Training consists of approximately 40 miles per week over 6 days. Racing times are: mile - 6:49, 2 mile - 14:23, 6.2 miles - 43:48, 4 mile - 33:45, half-marathon - 111.14, and 10 mile - 85:30.

