

TOLEDO ROADRUNNERS

The Toledo Roadrunner Club (TRRC), an affiliate of the Roadrunners Club of America, is a non-profit club open to anyone with an interest in jogging and/or running regardless of sex, race, age or ability. Whether you're a fitness jogger, fun runner, competitive runner or a combination of all three, you're invited to join the TRRC. We have "fun runs", prediction jogs, and races every weekend with distances for the beginning jogger and the seasoned distance runner.

Volume II, Issue VII - July, 1977

August Picnic & Meeting

Don't forget our August 7th swim, picnic and meeting at Three Meadows Park in Perrysburg at 10:00 a.m.

The July 3rd breakfast run at Swan Creek Park was enjoyed by all in attendance and many of us even had enough energy left for volleyball afterwards. The scheduled meeting was cancelled due to lack of business.

Streaking?!

Yes, that (Streaking) was the title of an article in the Readers' Comments section of the August issue of Runners' World submitted by TRRC's own Art Johnson! No, Art hasn't been running around in the altogether, but at age 54 he has a streak of 68 consecutive months in which he's run more than 100 miles averaging about 170 miles per month! Now that's streaking!

More Marathon

One of TRRC's newest members, Jerry Hill of Adrian, Mich., completed his first marathon ever at Glass City this year in 3 hrs. 28 minutes! Jerry trained approximately 70 miles a week for 7 wks.

Angel Campesino ran his first marathon at Ft. Wayne, Ind. on July 17th in 90° heat! Running conservatively, he finished in 2:56! You guessed it--he's a natural at the longer distances too!

Ft. Wayne was Sy Mah's 103rd marathon! His 102nd was only 24 hrs. earlier in LaFayette, Ind.!

Other TRRC members running in the Ft. Wayne 26.2 miler were: Harry Ausderan, Bobbi Widmann, Mike Cameron, Jim Petiniot, Steve Kaczor, Lou Wagner, Tom Martin and Char Petiniot.

Going the distance at the Marathon Marathon in Terre Haute, Ind. June 4 were: Jim Petiniot (3:04:21), Lynn Greenler (3:07:32), Steve Kaczor (3:13:35), Ben Widmer (3:13:36), Sy Mah (3:20:47) (1st 50 & over) and Mike Cameron (3:22:09).

Marathon on Wheels

Several TRRC members participated in the 8 hr. bike ride held at Scott Park campus July 24th.

Bob Munson had intended on only going 25 miles, but ended the day with 80! Son Mike also totalled 80, while brother Robbie compiled 72. And, Mom--yes, that's right--Janet Munson pedalled 26 miles! Fifty-years young Sy Mah won first place in the 30-50 age group with 128 miles while 60 years young Len Dybala took first in the 51 and over with 112 miles!

Jeanne Miller captured 1st place in her age group and Lori Tucker finished 3rd in her class with 52 miles!

PRESIDENT - Fred Fineske
1707 Eastfield
Maumee, Ohio 43537

1977
OFFICERS

VICE-PRESIDENT - Walt Tucker
SECRETARY - Terri LaPoint
TREASURER - Dave Sprandel

Jean LaPoint led his family with 104 miles while daughters Marianne, Terri and Mona had 102, 76 and 62 respectively. Jim Petiniot completed 126 miles in the allotted 8 hrs., Jim Siefert 120 miles, Walt Tucker 108, Steve Kaczor 118, Jeff Myers 106 and Rich Losek 116.

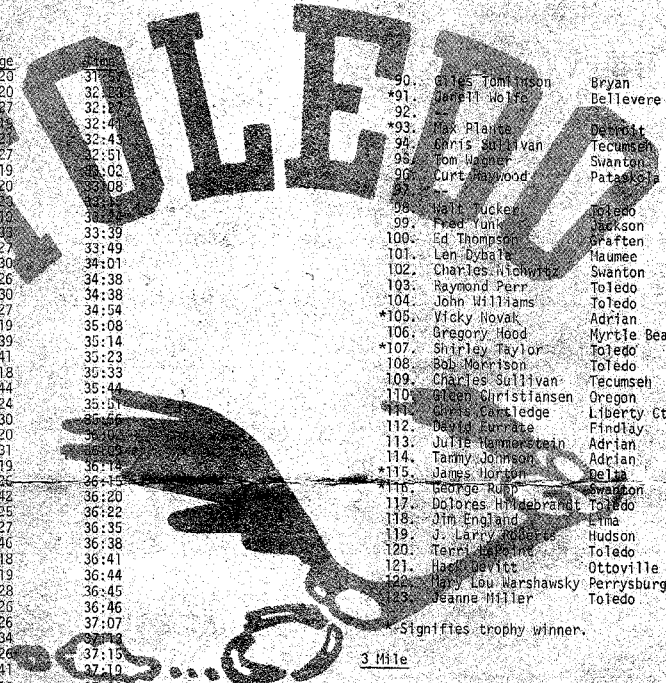
Race Directors

Have you directed a race yet? It's something we should all experience. Jeaneen Bonkowski and Diane Hires were co-directors of their first race July 17th at Promenade Park. How'd it go---Jeaneen said, "It was fun. Would love to do it again!" Diane's response, "It's a lot more involved than I realized. Finish line is the most confusing, but I really enjoyed it!"

Results of Delta Chick'N Run

10 Mile

Name	Town	Age	Time	Name	Town	Age	Time
*1. Scott McMillen	Findlay	20	31:25	90. Giles Johnson	Bryan	51	45:26**
*2. Gary Bryan	Toledo	20	32:23	*91. Gene Wolfe	Bellevere	25	45:29
*3. Harry Ausderan	B. Green	27	32:47	92.			
*4. Edwin Avery	Dublin	15	32:47	*93. Max Plante	Deloit	45	46:21
*5. Dan Cartledge	Liberty Ctr.	23	32:43	94. Chris Sullivan	Tecumseh	16	46:37
*6. Rich Lachovsli	Toledo	27	32:51	95. Tom Wagner	Swanton	23	46:50
*7. Richard Garcia	Genoa	19	33:02	96. Curt Raymond	Pataskala	36	47:01
*8. Mark Warfield	Hauseon	20	33:08				
9. Brent Beams	Findlay	23	33:24				
10. Mark Lohman	Toledo	32	33:25	98. Walt Tucker	Toledo	42	47:25
*11. Lou Wagner	Swanton	33	33:39	99. Fred Yunk	Jackson	60	47:39
*12. Glenn Andrews	Warrens Ht.	27	33:49	100. Ed Thompson	Grafton	34	47:46
*13. Angel Camposino	Swanton	30	34:01	101. Len Dyball	Maumee	60	47:51
*14. Craig Harms	Oxford	26	34:38	102. Charles Richwitz	Swanton	41	47:57
*15. Lee Hildebrandt	Toledo	30	34:38	103. Raymond Perr	Toledo	27	48:09
*16. Neal Kingsbery	Lima	27	34:54	104. John Williams	Toledo	40	48:50
17. Rick Stennett	Napoleon	19	35:08	*105. Vicky Novak	Adrian	15	49:00
*18. Dave Pesle	Ann Arbor	39	35:14	106. Gregory Hood	Myrtle Beach	19	49:00
*19. Bob Pakhanian	Detroit	41	35:23	*107. Shirley Taylor	Toledo	44	50:04
*20. Brent Devitt	Ottoville	18	35:33	108. Bob Morrison	Toledo	54	50:07
*21. Bob Coldren	Delaware	44	35:44	*109. Charles Sullivan	Tecumseh	38	50:22
22. George Scott	Ann Arbor	24	35:51	110. Allen Christiansen	Oregon	21	50:36
*23. Richard McCraney	Toledo	30	35:55	*111. Chris Cartledge	Liberty Ctr.	17	51:06
24. Bob Davis	Findlay	20	36:00	112. David Kurrate	Findlay	43	51:08
*25. R. W. McKain	Solon	31	36:00	113. Julie Hammetstein	Adrian	15	53:57
26. John Kaczor	Perrysburg	19	36:14	114. Tarmy Johnson	Adrian	16	54:01
27. Bruce Woodford	Cleveland	26	36:15	*115. James Horton	Delta	33	54:19
*28. Lou Pilliod	Swanton	42	36:20	*116. George Rupp	Swanton	45	54:35
29. Ed Bryan	Toledo	25	36:22	117. Dolores Hildebrandt	Toledo	30	56:08
30. Ken Henningfeld	Adrian	27	36:35	118. Jim England	Lima	40	1 hr. 00:42
*31. Bill Chappell	Monroe	46	36:38	119. J. Larry Roberts	Hudson	35	1 hr. 03:23
*32. Mike Prosser	Toledo	18	36:41	120. Terry Harting	Toledo	48	1 hr. 03:29
33. Dave O'Brien	Hauseon	19	36:44	121. Brent Devitt	Ottoville	13	1 hr. 03:36
34. Keith Levion	Maple Hts.	28	36:45	122. Mary Lou Warshawsky	Perrysburg	31	1 hr. 04:35
35. Dan Greenwald	Lima	26	36:46	Jeane Miller	Toledo	52	1 hr. 08:12
36. Bill Witala	Belleville	26	37:07				
37. Jim Kalski	Detroit	34	37:13				
38. Lynn Greenier	Napoleon	26	37:15				
*39. Phil Ford	Mansfield	41	37:19				
40. Scott Hickman	Hauseon	19	37:22				
*41. Paul Warshawsky	Perrysburg	35	37:24				
42. Mike Howard	Onsted	30	37:26				
43. James Jaqua	Napoleon	19	37:30				
*44. Tony Lemhart	Spencerville	18	37:50				
*45. Greg Trainer	Ft. Wayne	15	37:55				
46. Thomas Gallant	Tecumseh	27	38:07				
*47. Steve Schmidt	Oregon	16	38:07				
48. Larry Armstrong	Fayette	28	38:08				
49. Kim Frank	Perrysburg	23	38:08				
50. Donald Van Meter	Dublin	34	38:08				
51. Bruce Sheaky	New Wash.	25	38:08				
*52. Ben Buchner	Columbus	38	38:08				
53. Fritz Yunk	Jackson	24	39:00				
54. Bill Wagner	Toledo	16	39:00				
55. Rick Trane	Toledo	24	39:08				
*56. John Gault	Flushing	31	39:15				
*57. Jack Schendel	Toledo	44	39:16				
*58. Carroll Heff	Columbus	46	39:24				
59. Mark Hessel	Toledo	28	39:37				
60. Jim Edwards	Toledo	42	39:51				
61. Brad Adams	Swanton	21	39:55				
*62. Sally Applegate	Cincinnati	23	40:02				
63. Jim Bellor	Falls Church	22	40:09				
64. Bill McGehey	Dew Hts.	31	40:11				
65. Bill Hastings	Defiance	21	40:27				
*66. Givlor Panfocia	Detroit	50	40:45				
67. Mike Cameron	Toledo	30	40:58				
*68. Herlyn Lahman	Swanton	38	41:23				
69. Thad Davis	Amanda	59	41:26				
70.							
71. Ron Coie	Toledo	44	41:42				
72. Ed Vollmar Jr.	Toledo	25	41:54				
73. Ron Scott	Toledo	32	42:09				
*74. Doyle Carpenter	Stow	37	42:36				
75. Jerry Hill	Adrian	29	42:41				
76. Ron Hojnacki	Toledo	42	42:50				
77. Tim Stahl	Archbold	27	42:54				
78. Scott Hagel	Salem	22	42:55				
*79. Jeff Brown	Lima	19	43:03				
80. Ralph Waite	Columbus	28	43:15				
*81. Tom Sheehy	Hillbury	35	43:20				
82. Pat Gallaher	Toledo	42	43:31				
83. Tom Kovacs	Oregon	35	43:41				
84. Mike Hayden	Swanton	19	44:02				
85. Frank Hanak	Oregon	35	44:08				
86. Rich Bickle	Toledo	35	44:19				
*87. Lisa Rupp	Swanton	14	44:25				
*88. Arthur Johnson	Toledo	54	44:26				
*89. Terry Koder	Delta	18	45:17				



* Signifies trophy winner.

3 Mile

*1. Mike Lawson	Genoa	18	15:57
*2. Charles Tuttle	Genoa	15	16:20
*3. Al Gauvrau	Grafton	17	16:34
*4. Karen Mciang	Bryan	28	16:35
*5. Chuck Hamrick	Perrysburg	18	16:52
*6. Dennis Miller	Lima	16	17:05
*7. Larry England	Lima	14	17:40
*8. Chris Sasto	Columbus	15	17:46
*9. Gene Umver	Fayette	15	17:56
*10. Jamie Mason	Delta	14	18:26
*11. Jeff Aze	Elyria	15	18:36
*12. Bret Anis	Lima	13	18:48
*13. Rick Deane	Ferrisburg	2	18:55
*14. Chris Sasto	Columbus	3	19:00
*15. Kathy Kaczor	Perrysburg	16	19:06
16. Tracy Mitchell	Fayette	15	19:11
*17. Brian Schang	Fayette	17	19:31
*18. Jim Perry	Daivison	11	19:45
*19. Sherril Matthews	Toledo	11	19:56
*20. Joseph Pilliod	Swanton	11	20:44
21. Jeff Williams	Toledo	15	20:52
*22. Jay Foreman	Delta	14	20:53
*23. Stormi Ann Guntsch	Montrose	9	20:54
24. Jim Dirling	Grafton	15	21:24
*25. Marianne Vollmar	Bryan	14	21:25
*26. Trisha Walter	Delta	12	21:26
*27. Jean Strait	Bryan	16	21:37
*28. Sara Nason	Delta	9	22:13
*29. Susie Horton	Bryan	15	22:28
*30. Kathy Onsted	Adrian	16	22:43
31. Jon Burgenmeister	Grafton	14	22:47
*32. Jeff Lahman	Swanton	17	23:07
*33. Matt Holappa	Plymouth	9	23:14
34. Shannon McLean	Stockbridge	16	23:26
35. David Barth	Wauseon	12	24:21
36. Robbie Munson	Toledo	11	25:04
37. Mark Funtate	Findlay	14	25:24
38. Dean Hershawsky	Perrysburg	12	25:33
39. Mike Munson	Toledo	9	25:40
40. Heidi Trime	Swanton	11	25:52
41. Ann Seirock	Archbold	16	26:07
42. Debbie Green	Columbia Sta.	17	26:24
*43. Tim Nade	Delta	16	27:43
44. Dave Schmidt	Oregon	12	28:55
*45. Jacqueline Orwig	Columbus	33	29:33
*46. Carol Collier	Toledo	30	32:01
*47. Terrie Trane	Toledo	23	32:14
48. Julie Horton	Delta	34	33:52
49. Virginia Connors	Toledo	57	35:33
50. Edward Roberts	Hudson	11	36:05

PROFILE: The Coles

Ron (44), wt. 150 - 5'8".

Ron started jogging after a serious back operation in Dec. 1974. As therapy the doctor prescribed walking and later running. After winning a ribbon in his first race (a three-mile prediction), Ron joined the TRRC in 1975 because the people were really friendly and has enjoyed the competition and friendships that have developed since that time. While he likes all the TRRC runs each week, the longer distances are the most interesting to him.

Average work-outs total between 40-50 miles weekly with increases to 80 when training for marathons--the top week of training was 115 miles while on vacation. His two main goals are: a sub-3 hr. marathon and a better showing in Boston in 1978.

His "over 40" bests are: 1 mile - 5:48 ('75), 2 mile - 12:03 ('76), 10 km. - 39:48 ('77), 10 mile - 67:30 ('77), 15 mile - 1 hr. 49 min. ('76), 3 hrs. 14 mins. for the marathon.

Randy (19), wt. 138 - 6'1".

To help his dad after the operation, Randy started jogging along. He soon found his sport. Working hard, he made Varsity his junior and senior years on the Bowsher H.S. cross country team, and was all-city his senior year.

On the track team his events were the half-mile, mile and 2 mile events, along with the long jump. Randy attends T.U. and would like to try for the cross country team this year. P.R.'s: 1/4 mile - 55.7, 1/2 mile - 2:04, mile - 4:47, 2 mile - 10:28 (cross country), 10 mile - 59:40, 15 mile - 1 hr. 44 mins., marathon - 3:03. All these were in '75 and '76.

Beth Ann (17), wt. 118 - 5'8".

Beth played varsity basketball 3 yrs., track 3 yrs. and was captain of the junior varsity and varsity cheerleaders and was proud to be the first girl to run varsity cross-country at Bowsher H.S. She enjoys jogging at and the beauty of Swan Creek park. Beth will attend T.U. this fall.

Marve (40), wt. 118 - 5'6".

With everyone else running, Marve decided to start jogging a couple of weeks ago and has run two miles, but states "that's far enough". She plans to run daily until the weather will not permit it.

