



TOLEDO ROADRUNNERS

The Toledo Roadrunner Club (TRRC), an affiliate of the Roadrunners Club of America, is a non-profit club open to anyone with an interest in jogging and/or running regardless of sex, race, age or ability. Whether you're a fitness jogger, fun runner, competitive runner or a combination of all three, you're invited to join the TRRC. We have "fun runs", prediction jogs, and races every weekend with distances for the beginning jogger and the seasoned distance runner.

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Cancer Run Shows Great Improvement

Almost 300 walkers, joggers and racers participated in the 3rd Annual Commodore Perry Cancer Run held August 21st in downtown Toledo. We didn't get the 1,000 we'd hoped for, but participation quadrupled and is sure to double again next year!

Tom Kovacs is to be congratulated for the endless hours of time he put forth along with his many, many helpers.

I'm sure when the word spreads of the many splendid grand prizes given away this year, along with the large array of trophies for the unparalleled age groups, next year's Cancer Run will be better than ever! Perhaps next year we should plan on two days for participants to take advantage of the outstanding "Fitness Fair" which accompanied this year's run. Taking part this year were Earth Food Co-Op, Dave's Running Shop, Nautilus Training Center, Jalmer's Health Food, Y.M.C.A. Belly Dancing, Shaklee Nutritional Supplements, Yoga, Cross-Country Skiing and Chinese Kempt Karate. Speakers' topics included "Strength and Flexibility Exercises For Fitness", "The Benefit to the Heart of Aerobic Exercise" as well as Dr. Kenneth Cooper's fitness film "Run Dick - Run Jane".

Letter from Craig Harms:

Dear Fred,

I'd like to express my appreciation to the whole TRRC for putting on such a super race at Commodore Perry Motor Inn, Aug. 21, 1977. You all did a super job with every aspect of the race from sign up to results.

I'd like to be the first to donate prizes for the 1978 race. All though I'm not really a Toledo person, I'll donate 6 - 1 year subscriptions to the Miami Marathon Club newsletter for the '78 race.

Craig

Sept. 10th Next Meeting

Our next regular scheduled meeting is Saturday Sept. 10th. We're returning again to Friendship Park Shelter House in Point Place for our Fall and Winter monthly meetings. As before, fun runs will leave the park at 5:00 and 6:00, potluck starting at 7:00 (don't forget your table service) and meeting at 8:00.

PRESIDENT - Fred Fineske
1707 Eastfield
Maumee, Ohio 43537

1977
OFFICERS

VICE-PRESIDENT - Walt Tucker
SECRETARY - Terri LaPoint
TREASURER - Dave Spandel

Paavo Does Have Charisma!

TRRC vice-president Walt Tucker was the pilot with members Jim Petiniot, Ben Widmer, Dave Mason and Lou Wagner the somewhat nervous passengers. Oh, Walt's a very competent pilot, but when you land in a storm and then fly through another one on the return trip over the middle of Lake Michigan, anyone would be nervous!

It was worth the few anxious moments, however, to experience the 9th Annual Paavo Nurmi Marathon. Run in northeastern Wisconsin (Hurley), the 26.2 mile classic was named after the legendary long distance runner from Finland Paavo Nurmi, known as the "Flying Finn". It's only fitting as much of the area is inhabited by people of Finnish descent with a few Italians scattered around!

Paavo does have charisma. You come away with a good and lasting feeling. It has a special charm, it is warm, it is friendly and it is a beautiful event. There're the folks who put you up the night before in their homes. We stayed with the widowed Mrs. Sarri of Gile--a grand lady. There's the spaghetti feed the night before and the picnic afterwards. Then there're the people--the kids with their signs of encouragement, the adults applauding all along the way and through every town--Upson, Iron Belt, Pence, Montreal and Hurley. There's the bright orange T-shirt each finisher receives, the Finnish stew (mojakka) and Italian break served at the finish line. There's the traditional and symbolic torchlighting festivities Friday evening.

Dave Mason paced our group over the very challenging hilly course in 2:47 with yours truly (Lou Wagner) completing the distance in 2:57. Jim Petiniot finished in 3:10 and Ben Widmer toured the course in 3:15. Walt was unable to finish, but was still part of an electrifying experience.

TRRC 1 Mile Championship Aug. 14 U. of T. Track

9 & Under Boys

1. David Maher - 6:00
2. Brett Matthews - 7:01
3. Mike Munson - 7:27
4. Billy Maher - 7:47
5. Terry Trame - 8:11
6. Denny Trame - 9:12
7. Kevin LaPoint - 10:13
8. Jason Trame - 13:06

Girls

1. Stormi-Ann Guntsch - 6:03
2. Gretchen Dettloff - 8:45
3. Diann Hamilton - 9:13
4. Karen LaPoint - 9:52
5. Stacy Matthews - 10:04
6. Molly Trame - 10:12
7. Megan Trame - 10:14

10-12 Boys

1. Tony LaPoint - 6:11
2. Robert Munson - 7:02

Girls

1. Sherrie Matthews - 5:56
2. Sue Kovacs - 6:11
3. Sara Mason - 6:26
4. Maureen Maher - 6:38
5. Susanne LaPoint - 7:50

13-15 Boys

1. Andy Heyman - 5:13
2. Jamie Mason - 5:27
3. Jeff Arnett - 5:28
4. Jim Bodenstedt - 5:52
5. Steve Kasten - 5:54
6. Cris Jewell - 6:04

Girls

1. Amy Trame - 6:26
2. Marcia LaPoint - 7:58
3. Romona LaPoint - 8:17
4. Lisa Fineske - 8:20

16-18 Boys

1. Steve Reighard - 4:38
2. Dirk Armstrong - 4:44
3. Steve Schmidt - 4:46
4. Andy Dresser - 4:48
5. Jim Kirtz - 4:49
6. John Libbe - 4:51
7. Tom Penn - 5:10
8. Mike Heider - 5:13
9. Steve Heasel - 5:14
10. Monte Prosser - 5:23
11. Jeff Myers - 5:54
12. Don Kokensparger - 5:55

19-29 Men

1. Gary Bryan - 4:28
2. Harry Ausderan - 4:29
3. George Peuhl - 4:38
4. Steve Kaczor - 4:57
5. Rick Trame - 5:13

30-39 Men

1. Dick McCraney - 4:33
2. Angel Campesino - 4:39
3. Paul Anderson - 5:15
4. Frank Hanak Jr. - 5:18
5. John Joy - 5:48
6. Ken Dettloff - 5:55
7. John Cook - 6:08
8. Bill Hamilton - 6:13

40-49 Men

1. Chuck Gerster - 5:11
2. Pat Gallaher - 5:54
3. Jean LaPoint - 6:57 (Wow!)

50-59 Men

1. Sy Mah - 5:48
2. Art Johnson - 6:00
3. Joe Christen

60+ Men

1. Leonard Dybala - 6:51 (Wow! Wow!)

In Case You're Interested

TRRC mailing membership now totals almost 200! Total membership (including families) is estimated over 400! Average age (mailing list only) 30!

I asked Rick Hires at Three Meadows Park how his wife Diane finally got him to start running. His reply was, "If you knew what Diane promised me, you'd know why!"

Girls

1. Kathy Kaczor - 5:31
2. Penny Dragon - 5:56
3. Marianne LaPoint - 6:20
4. Terri LaPoint - 7:37

Women

1. Jeaneen Bonkowski - 6:32
2. Linda Cable - 7:21
3. Susan Papp - 7:56
4. Jeannette Campesino - 8:14
5. Terrie Trame - 8:17
6. Char Petiniot - 8:26

Women

1. Kay Maher - 6:14
2. Diane Hires - 6:43
3. Diane Wagner - 8:04

Women

1. Shirley Taylor - 6:49

Women

1. Jean Christen - 8:10
2. Virginia Connors
3. Donna Wolfe

PROFILE: The Campesinos

Angel - Born Oct. 29, 1946 in Madrid, Spain (30 yrs. old).
5'8", 127 lbs. H.S. Teacher (Spanish), Coach (Track
and Cross-Country).

Racing: 1 mile 4:39 ('77), 2 mile 10:21 ('77), 5 kilo 16:32 ('77),
5 mile 27:52 ('76), 10 kilo 33:30 ('77), 15 km. 51:50 ('77),
10 mile 57:57 ('77), 13.1 mile 76:55 ('77), marathon 2:56:06
('77).

In High School Angel played tennis and soccer, he played soccer
in college and semi-pro soccer after college for 2 yrs. He only
started running last summer in preparation for the Swanton Bicen-
tennial Run. To show how uncompetitive he was at that time, during
the '76 Delta Chick'N Run the town reservoir looked so inviting that
he dropped out of the race and went for a swim! You'd never find
him doing that this year! After winning a recent Sunday morning
5 kilo run in his age group, Angel came back to Swanton and took
first place in a tennis tournament!

Jeannette - Born May 16, 1948 in Akron, Ohio (29 yrs. old).
H.S. Teacher and Choral Director.

Jeannette just started jogging this summer after giving birth
to their youngest child, Sara Claire (now 7 mos. old), in order to
get back into her jeans. Jeannette also plays softball and believes
jogging improves breath control for singing.

The Campesino's oldest daughter Ana Sofia (Sofie) age 2½ runs
in the one mile fitness runs.

